

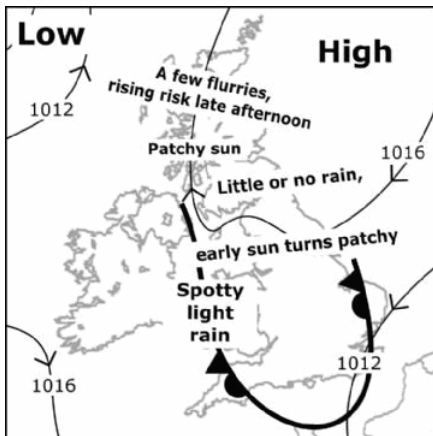
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Wednesday, 6 May, 2026



British Mountain Summary:

Based on forecast chart for noon 6 May, 2026

Odd early snow flurries in north Scotland, otherwise clear Munros until late; some snow returns to the west and north Highlands near evening. Little or no rain south Scotland and England, several hours of morning sun and any hill cloud soon clearing. Spotty light rain for Wales, cloud clearing hills, but only glimpses of sun.

Headline for West Highlands

Dry and largely clear hills, late snow flurries north

Detailed Forecast for Wednesday, 6 May, 2026

How windy? (On the Munros)	Variable 10mph or less in the morning, soon trending southerly, strengthening afternoon, to 15-20mph over summits by evening, gusting to 25-30mph Mull and nearby coastal tops.
Effect of wind on you?	Fairly small much of the day, but a nuisance breeze forming over tops, walking becoming impeded on high coastal slopes from Mull northward late in the day with notable wind chill.
How wet? (Precipitation and its impact)	Odd snow flurries, risk more in the north late in the day A few snow flurries early around Lochaber, soon substantially dry, a few odd spots of flurries southern coastal areas (rain below 700m). Later afternoon, a rising risk of snow/rain forming Lochaber to Creag Meagaidh, may stay showery and light until nighttime.
Cloud on the hills?	Lifting largely above the tops until late in the day Some patchy cloud forming on upper slopes in the morning, but rising to higher tops then most cloud above the hills by midday onward. Where snow forms later, cloud lowers to high terrain, as low as 900m in heaviest falls as dusk approaches.
Chance of cloud free Munros?	80%
Sunshine? Air clarity (below cloud)	Patchwork of sun, perhaps sunnier for a few midday hours but weakened by high cloud. Visibility mostly excellent, but will significantly deteriorate if snow forms later.
How Cold? (at 900m)	-1C at first, rising to +1 or 2C afternoon, mildest Loch Lomond/southern islands, reaching 3 or 4C. Feeling as cold as -8C in strongest wind late in the day.
Freezing Level	600-800m from dawn, plus frost inland glens; perhaps only patchy frosts near coasts from Mull southward. Rising to 900-1100m, highest Mull southward.

West Highlands - Looking Ahead

	Thursday 7 May	Friday 8 May
How windy? (On the Munros) Effect of wind on you?	Southerly 25-30mph, stronger gusts early; trending southwesterly, sustained speeds to 35mph some coastal summits. Walking impeded in exposure, conditions increasingly strenuous along the coast and highest tops; significant wind chill.	Southwesterly 20-30mph, shifting westerly and easing with time, to 10mph south, staying near 20mph north. Walking inconvenienced, locally strenuous in the morning with wind chill, an easing trend with time to fairly small effects.
How wet? (Precipitation and its impact)	Showery rain Showery rain from dawn, falling as flurries from 1100m up. Some risk of heavier, persistent falls for periods, this risk increasing later in the day west of Loch Linnhe.	Showers, may ease somewhat Frequent showery rain through morning and perhaps into the afternoon. The rain may ease with time, most likely Mull and Lochaber. Precipitation may linger all day Loch Lomond.
Cloud on the hills? Chance of cloud free Munros?	Varied early, rising, but variable around showers Banks of cloud above 600-700m near south coastal areas, nearer 800m and up well-inland but may be fairly extensive at dawn. Lifting to largely above 800m, some higher breaks, but lower again where showers return, risk more widely later west of Loch Linnhe. 40%	Fairly extensive early, lifting with some breaks Fairly extensive from 600m up in the morning, perhaps lower in the south. A lifting trend, particularly near/west of Loch Linnhe, breaks to summits here but caps over highest and coastal summits. Southern Munros slower to clear, ragged lower patches around rain. 20% rising to 60%
Sunshine? Air clarity (below cloud)	Mostly cloudy, a few glimpses of sun. Mixed visibility, often excellent but poor during rain.	Patchy cloud and sun, more often cloudy south. Variable visibility, poor in rain but very good during drier spells.
How Cold? (at 900m) Freezing Level	0 or +1C lifting to 4 or 5C. Feeling like -5C in direct wind. 1000m, a few patchy frosts in well-inland glens. Lifting to 1200-1300m.	2 or 3C, rising to 5C well-inland; little chance Mull and north, later +1C here. Feeling as cold as -8C in early wind. Around 1200m or above, lowest Lochaber, and above summits south of Glen Coe.

Planning Outlook**All mountain areas of Britain from Thursday, 7 May, 2026**

Low pressure to the north of Scotland brings stronger wind and a greater risk of showery rain from Thursday. Cooler temperatures, high Munros staying below freezing for several days, the freezing level as low as 800-1000m. Showers affecting England and Wales, always a risk of heavier bursts afternoon, but timing and location of showers uncertain. Early varied cloud tends to lift to higher slopes, often above summits but some tops shrouded for longer.

Into the weekend, low pressure south of the British Isles, facilitating a strong easterly wind with increasingly heavy rain and showers for Wales and southern Pennines. Pressure may remain higher in Scotland for a few days, but staying cold here with freezing levels perhaps to 700m. Indications of increasingly widespread unsettled weather into next week.

Forecast issued at 16:20 on Tuesday, 5 May, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.