

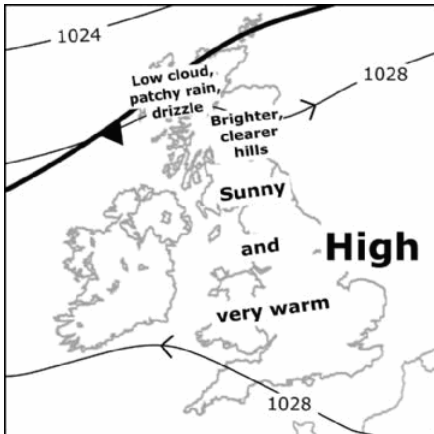
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 25 May, 2026



British Mountain Summary:

Based on forecast chart for noon 25 May, 2026

High pressure brings another extensively sunny and unseasonably hot day for England and Wales, with valley temperatures from Peak District into Wales up to 30C in afternoon. Also very warm sunshine southern and eastern Scotland, but still blustery south-westerly with low cloud and patchy drizzly rain northwest Scotland.

Headline for West Highlands

Blustery south-westerly, with low cloud and drizzle Lochaber. Clear in the south.

Detailed Forecast for Monday, 25 May, 2026

How windy? (On the Munros)	South-westerly 20 to 30mph, strongest across Lochaber in the morning.
Effect of wind on you?	Blustery and gusty, especially across northern hills in the morning with considerable buffeting.
How wet? (Precipitation and its impact)	Drizzly Lochaber, but fizzling out. Drizzly conditions into Lochaber and perhaps north Argyll in the morning, but tending to fizzle out to leave all areas dry during the afternoon.
Cloud on the hills?	Extensive morning, then breaking off hills May be fairly extensive in the morning, focused on Lochaber, and capping tops elsewhere. By afternoon, mostly lifting to become confined to western tops. Arran to Loch Lomond, capping tops at first, but otherwise clear.
Chance of cloud free Munros?	20% lifting to 60%. 80% on and near Arran.
Sunshine? Air clarity (below cloud)	Mostly cloudy, but thinning and breaking in places, especially in the central highlands. Visibility poor at times in drizzle, but away from drizzle, very good.
How Cold? (at 900m)	8 to 10C, lowest toward west coast of Lochaber. Highest Arran to Loch Lomond where up to 11 or 12C.
Freezing Level	Above the summits

West Highlands - Looking Ahead

	Tuesday 26 May	Wednesday 27 May
How windy? (On the Munros) Effect of wind on you?	Westerly 10 to 20mph at first, but soon easing down to become 5 to 10mph and often varying in direction by afternoon. Blustery start, but soon becoming negligible as the winds drop out.	Little wind, variable or southerly 5-10mph, may even be flat calm inland. Lifting to 15mph later west coastal hills and Isles. Negligible away from the west coast where breeze will pick up through the day.
How wet? (Precipitation and its impact)	Isolated drizzly showers fading Isolated spots or patches of drizzle from Mull northwards. Fading away by midday.	No rain expected
Cloud on the hills?	Most hills clearing come the afternoon Low cloud covering hills from Mull northwards into Lochaber morning. Will break up and lift to clear mostly in afternoon. Elsewhere, clear most of day.	Mountains clear
Chance of cloud free Munros?	20% lifting to 70% north. 80% south.	90%
Sunshine? Air clarity (below cloud)	Cloudy north Argyll into Lochaber, but brightening up through day. Elsewhere, patchwork of sun. Visibility mostly very good.	Widespread sunshine, some areas of thin high cloud. Visibility very good.
How Cold? (at 900m) Freezing Level	Ranging from 4 to 6C, near and west of Loch Linnhe, to across Arran to Loch Lomond 7 to 10C. Above the summits	9 to 11C at first, lifting 13 or 14C in afternoon, perhaps locally 15C. Well above the summits

Planning Outlook**All mountain areas of Britain from Tuesday, 26 May, 2026**

High pressure dominates this week with early patchy low cloud, mainly coastal hills dispersing to give widespread warm or very warm sunshine, still reaching into the high 20s on Tuesday Peak District into Wales with high humidity, which may spark off the odd thunderstorm, before peak daytime temperatures come down a little, when cooler for eastern hills. Chance of well scattered shower development from midweek as a gusty south-easterly develops for western hills. Pressure lowering next weekend into next week.

Forecast issued at 16:40 on Sunday, 24 May, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.