

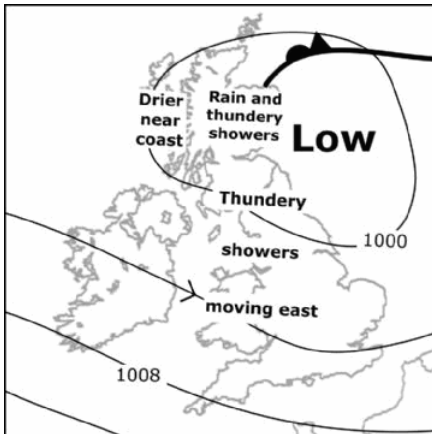
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Tuesday, 2 June, 2026



### British Mountain Summary:

**Based on forecast chart for noon 2 June, 2026**

Heavy showery bursts of rain with thunder and lightning, moving eastwards over England, Wales and south-central Scotland. A zone of more persistent rain affects the Cairngorms, heavy bursts mixed in. Drier toward west coast of Scotland, improving in western England & Wales in afternoon as the breeze freshens.

### Headline for West Highlands

Breeze increases. Showery bursts mainly inland.

## Detailed Forecast for Tuesday, 2 June, 2026

<b>How windy? (On the Munros)</b>	Variable 10mph or less in Lochaber in morning, to westerly 15mph southern areas. Tending to increase widely westerly 15-20mph, reaching 25mph south in afternoon and evening, gusts 30mph.
<b>Effect of wind on you?</b>	<b>Mostly small, then feeling breezier with time, especially more southern hills, rather blustery by later afternoon, rather cool.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Showers, locally heavy inland; drier west</b> Showery rain, some heavy bursts, becoming concentrated inland into the afternoon and evening, small chance isolated thunder. Coastal areas become generally dry.
<b>Cloud on the hills?</b>	<b>Varied over tops, lifting higher</b> Banks of cloud at varied heights becoming confined above 800m during the morning, lifting higher into afternoon with some breaks toward upper slopes but likely to often cap coastal tops and islands.
<b>Chance of cloud free Munros?</b>	<b>50%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Glimpses of sun. Visibility very good, reduced in showers.
<b>How Cold? (at 900m)</b>	8 or 9C, slightly higher inland afternoon. Feeling near to freezing in wind later.
<b>Freezing Level</b>	Above the summits.

## West Highlands - Looking Ahead

	Wednesday 3 June	Thursday 4 June
<b>How windy? (On the Munros)</b> <b>Effect of wind on you?</b>	South-southeast, later southwesterly; 25 to 40mph, strongest coastal areas, risk gusts 50mph around high tops for a time. <b>Very blustery, strenuous walking in exposure, buffeting gusts on ridges and tops. Considerable wind chill.</b>	Southerly 15 to 25mph, locally less for a time inland Lochaber in morning. Turning westerly 30-40mph, strongest south. <b>Moderate effects early in day, but more blustery south, becoming widely strenuous, buffeting gusts. Considerable wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain persistent, at times heavy</b> Rain extends in from the southwest from dawn, soon fairly persistent over most mountains much of the day, some heavier sustained falls especially in south, risk thundery later in day. Patchier rain north of Ben Nevis group.	<b>Bursts of rain on and off, risk lightning</b> Showery rain merging in places into more constant falls, some heavy bursts particularly areas more inland by afternoon and into the evening, risk of thunder. Further showery clusters may move in from west later.
<b>Cloud on the hills?</b>	<b>Extensive, lowest southwest</b>  Covering many mountains all day, lowest persistent bases near coasts south from Mull, widely 600-800m inland, some higher breaks near Glen Spean mainly morning. Ragged patches to lower slopes in south.	<b>Fairly extensive, varied</b>  Often covering the higher mountains all day, but varying in extent and height, some ragged patches from forest canopies up during and after rain. Local breaks may form afternoon.
<b>Chance of cloud free Munros?</b>	<b>Below 10%, to 20% inland Lochaber</b>	<b>20%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Largely cloudy, dull. Visibility good below cloud inland Lochaber mainly morning, but hazy or misty coastal hills, widely poorer in rain.	Rare brief sun breaking through. Visibility often reduced by rain, sometimes poor; intermittently good below cloud.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	6C, slight rise inland afternoon. Wind chill feeling like -5 to -8C.  Above the summits.	5 or 6C, then tending to drop into night. Feeling below freezing in wind, then near -5C if exposed to stronger speeds.  Above the summits, then well into the night dropping close to freezing at 1200-1300m.

## Planning Outlook

### All mountain areas of Britain from Wednesday, 3 June, 2026

An unsettled spell this week and next, as low pressure over the north Atlantic and west-southwesterly winds dominate. Periods of rain mixed with showery days widely - the most constant rain over western mountains with low cloud often shrouding the hills. Wind speed will vary, but up to gale-force for periods over the hills this week, then typically less windy next week. Temperatures near average, cooler at times. Briefly higher pressure by Saturday with fewer showers, but a further area of rain likely returns from the west during Sunday. Mid June onward shows signs of drier and warmer weather as higher pressure then expands northward with time.

### Forecast issued at 16:18 on Monday, 1 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.