

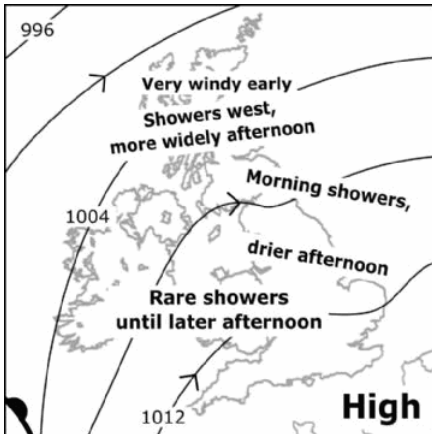
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 5 June, 2026



British Mountain Summary:

Based on forecast chart for noon 5 June, 2026

Blustery start, gale-force gusts in N England and Scotland; easing. Chilly with showers in W Scotland, showers more widely over the highlands afternoon with sunny interludes. Early showers in England and Wales ease by afternoon, only well-scattered showers remain over Wales and S Pennines, plenty sun breaks.

Headline for West Highlands

Chilly and windy, easing; showery rain from the west

Detailed Forecast for Friday, 5 June, 2026

<p>How windy? (On the Munros)</p> <p>Effect of wind on you?</p>	<p>Westerly 30-35mph early, gusting 45mph over highest summits just at dawn. Soon starting to ease with a southwesterly shift, 20-25mph for much of afternoon, perhaps later more southerly and deteriorating slightly into night.</p> <p>Arduous walking over summits at dawn, strongest wind knocking you off balance with significant wind chill. An easing trend, may well be fairly small in places, but ease of walking may stay affected on high summits.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Showery rain much of the day</p> <p>Showery rain drifting in from the west for most of the day, perhaps briefly more persistent with some heavy spots at dawn with sleet above 1100m. Sleet soon turns to just rain. Showers continue, generally light in nature, and will begin to arrive from a more southerly direction later in the day.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free Munros?</p>	<p>Lifting to high terrain with higher breaks</p> <p>Fairly extensive above 600-700m at dawn, some lower bases in Lochaber and perhaps towards Ben Lomond. Soon lifting from south, breaks forming; most cloud above 1000m by afternoon and generally broken in nature. Coastal areas from Mull southwards see lower bases, rarely above 1000m, and later lowering as wind shifts</p> <p>Rising to 40%</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>A patchwork of cloud and sun, perhaps cloudier just at sunrise. High cloud gradually thickens through later afternoon.</p> <p>Variable visibility, very good during dry windows but deteriorating in showers.</p>
<p>How Cold? (at 900m)</p> <p>Freezing Level</p>	<p>3 or 4C to start, rising to 5C, locally 6C inland north of Ben Nevis. Feeling like -5 to 7C in strongest early wind, this effect easing.</p> <p>May just touch the Ben Nevis summit in the morning but soon lifting above.</p>

West Highlands - Looking Ahead

	Saturday 6 June	Sunday 7 June
How windy? (On the Munros) Effect of wind on you?	S-SE'ly, later SW'ly, high uncertainty of extent of stronger winds - likely in range 25 to 40mph, or stronger west coast. Beware of changing conditions - risk of being difficult at least part of the day, particularly along west coast Munros.	Southwesterly 25-35mph, may well strengthen to 40mph at times, though this uncertain. Walking often strenuous on high tops, some risk of more challenging conditions for periods with wind chill.
How wet? (Precipitation and its impact)	Patchy rain, risk setting in Early in the day at least may be substantially dry, for longest inland Lochaber, but some patchy rain from the south. Risk becoming more persistent afternoon with heavier falls especially over southern hills.	Periods of rain, may set in Areas of rain drifting from the southwest through morning, a few dry windows well-inland and north. The rain likely becomes more frequent along the coast with heavy bursts, and may set in more widely.
Cloud on the hills?	Becoming extensive Cloud banks likely covering coastal hills from early in day, varied patches inland, locally clearer near Glen Spean for a time. Cloud likely to fill in and lower more widely across hills, to low-mid slopes near coast.	High terrain probably stays shrouded Cloud fairly extensive from middle slopes up near the coast early, a few inland breaks, and bases lifting somewhat for several hours, but lowering again to at least middle coastal slopes from Mull southward, nearer 900-1000m inland.
Chance of cloud free Munros?	20%; 40% near Glen Spean early	20%
Sunshine? Air clarity (below cloud)	Sun weak at best through high cloud early in day, likely overcast, increasingly dull. Visibility very good where dry, but reducing in rain, risk becoming poor.	Some glimpses of weak sun here and there. Variable visibility, good when out of cloud and rain, hazy to the south.
How Cold? (at 900m) Freezing Level	5C rising to 7C afternoon, or less rise near the coast. Feeling below freezing in the wind. Above the summits.	6 or 7C, rising to 8C well-inland; notably cooling overnight. Feeling as cold as -5C in strongest wind. Above the summits.

Planning Outlook**All mountain areas of Britain from Saturday, 6 June, 2026**

Unsettled over the weekend as southwesterly flow draws several areas of rain across the country, best of dry slopes to the northeast, and perhaps a drier Sunday for England and Wales through blustery, some uncertainty in detail. Generally unsettled next week too: showers affect most hills Monday and Tuesday, lowest cloud and most persistent rain along western slopes, but with some breaks as well with sunshine. Timing of most unsettled weather remains uncertain, but some risk of a deeper area of lower pressure from Wednesday or later brining widespread strong winds, probably gales over many summits, with prolonged heavy rain. Temperatures probably trending milder again into the weekend, pressure may begin to rise in the south, but this uncertain as well.

Forecast issued at 15:49 on Thursday, 4 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.