

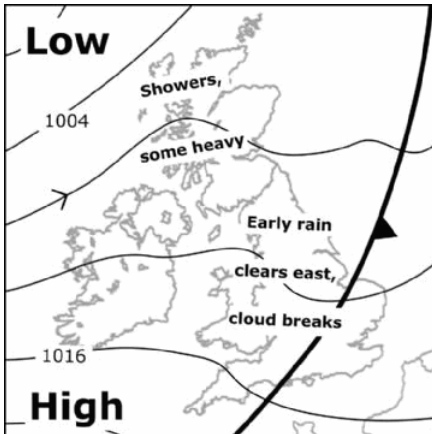
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 8 June, 2026



British Mountain Summary:

Based on forecast chart for noon 8 June, 2026

Early rain across England and Wales, and perhaps eastern Scotland, soon clears eastwards. Following on, a south-westerly with scattered showers: risk of afternoon thundery ones northeast Scotland. Fewer showers and turning much brighter for England and Wales with hills becoming mostly clear.

Headline for West Highlands

Blustery and chilly with showery rain on and off; frequent later in the day.

Detailed Forecast for Monday, 8 June, 2026

How windy? (On the Munros)	Southwesterly 20 to 30mph, at times 35mph high tops Lochaber to Mull.
Effect of wind on you?	Feeling blustery, starting to affect comfortable walking and a noticeable chill on exposed high terrain.
How wet? (Precipitation and its impact)	Showery rain at times Broadly showery, frequent rain for periods, mainly early in the morning, and again into the evening, some heavier bursts.
Cloud on the hills?	Rising bases, but lingering on tops Covering higher slopes from dawn, bases varying in and out of showers, some patches to 500m in west. Bases lifting, by afternoon mostly confined above 900m, some breaks to tops. Patches reforming lower down in showers.
Chance of cloud free Munros?	20% lifting to 60%
Sunshine? Air clarity (below cloud)	Broken to overcast cloud, and brief bursts of sun. Perhaps sunniest around midday. Visibility very good away from showers and below cloud.
How Cold? (at 900m)	4C. Feeling like -5 to -8C directly in the wind.
Freezing Level	Just above highest summits.

West Highlands - Looking Ahead

	Tuesday 9 June	Wednesday 10 June
How windy? (On the Munros) Effect of wind on you?	Southwesterly 10 to 15mph, but tending to strengthen towards and into the afternoon to 20 to 25mph, perhaps 30mph tops. May impede ease of walking over some tops in afternoon, with a considerable wind chill.	West to south-westerly 15 to 25mph, perhaps 30mph at times southern hills. Mostly small, but marked wind chill where exposed to the strongest breeze.
How wet? (Precipitation and its impact)	Widespread showers Showers, concentrated near coast at first, will develop widely, with snow falling over highest tops. Some hail, and risk thunder. Showers easing near west coast later.	Showery, snow high tops for a time. Showers clustered toward west coast at first, snow initially on high tops. They will transfer east and develop widely through day. Risk thunder well inland, sleet tops.
Cloud on the hills?	Frequent across upper slopes From dawn, fairly extensive above 600-800m, especially near coast. Bases will lift through morning, by afternoon often 900-1100m, but varying in and out of showers.	Varied, but often on higher slopes. Varying in and out of showers. Often ground above 800-1000m covered in fog, but some breaks. Equally patches down to 600m at times, mainly in morning.
Chance of cloud free Munros?	40%	40%
Sunshine? Air clarity (below cloud)	Often cloudy, some patches of sun. Visibility sometimes poor due to precipitation.	Best sun well inland morning. Otherwise, brief bursts between showers. Visibility mostly very good, but in showers becoming poor.
How Cold? (at 900m) Freezing Level	3 or 4C 1300-1400m	2 to 5C, chilliest in the morning. 1200-1300m morning, lifting above highest tops afternoon.

Planning Outlook**All mountain areas of Britain from Tuesday, 9 June, 2026**

The unsettled period of weather will persist over the coming week with low pressure area centres tracking just to the northwest of Scotland, allowing south-westerly winds to prevail. Rainfall often showery in nature, but coming in frequently to western mountains with the greatest falls for western Scotland. Chilly and windy at times; freezing level touching highest tops Scotland on Tuesday and Wednesday, when showers may fall as wet snow at times over the tops. Temperatures trending warmer again next weekend, as pressure is likely to rise from the south to give drier weather more widely.

Forecast issued at 16:26 on Sunday, 7 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.