

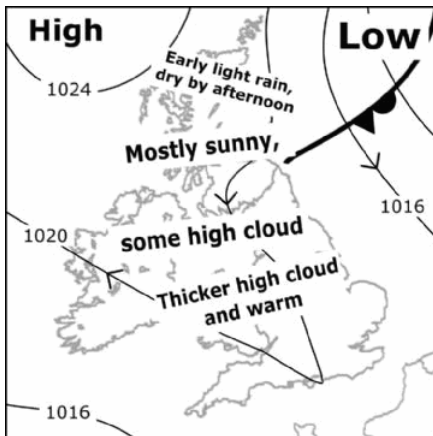
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Sunday, 14 June, 2026



British Mountain Summary:

Based on forecast chart for noon 14 June, 2026

Some early drizzle and patchy light rain in northern Scotland fades by afternoon. Elsewhere dry all day and often sunny though some high cloud weakening sun in places; sun may be more patchy east Scotland and later northern England. Warm southern Pennines and Wales. Light wind, though starting blustery in east Scotland.

Headline for West Highlands

Some early fog and a breeze; easing with plentiful sun afternoon

Detailed Forecast for Sunday, 14 June, 2026

How windy? (On the Munros)	Northwesterly 15-20mph early, some notable gusts approaching 30mph over high tops well-inland. Shifting northeasterly and easing, to 10mph and often less by later afternoon.
Effect of wind on you?	Mostly small; some notable gusts over the high tops in the early morning briefly affecting comfort of walking.
How wet? (Precipitation and its impact)	A little early drizzle A fine drizzle drifting around the high tops near Glen Spean and north Lochaber in the morning, an odd patch of light rain possible. Otherwise dry.
Cloud on the hills? Chance of cloud free Munros?	Largely clearing summits by afternoon Patchy banks from middle slopes upward at dawn, most high terrain in the north covered, more broken to the south. A lifting and breaking trend, some banks passing over inland high terrain around midday, but a largely clear afternoon. Some caps pass over Ben Nevis. Rising to 80%
Sunshine? Air clarity (below cloud)	Becoming mostly sunny, some patchy high cloud to the south. Very good visibility.
How Cold? (at 900m) Freezing Level	5C rising to 10 or 11C; a degree cooler coastal Munros. Above the summits.

West Highlands - Looking Ahead

	Monday 15 June	Tuesday 16 June
How windy? (On the Munros) Effect of wind on you?	South-southeasterly 5-15mph, strongest Arran to Mull and strengthening, 20-25mph south later; speed stays low inland north. Fairly small but increasingly blustery on southern hills near coasts.	Southerly 15-25mph, strongest along the coast and at times rising to 30-35mph. May be fairly small some inland slopes, but impeded in exposure, and more strenuous near the coast; notable wind chill.
How wet? (Precipitation and its impact)	Late patchy rain The morning is dry. Through afternoon, patchy rain approaches from the southwest, spreading northeast; Glen Spean probably dry until sunset, and then patches more widely overnight.	Patchy rain on and off Bands of patchy rain come and go from the southwest, several dry hours possible after some early rain inland. Rain becomes more frequent through afternoon, may set in for several later hours.
Cloud on the hills? Chance of cloud free Munros?	Many summits clear until later Many slopes clear in the morning but banks of cloud will form at various heights, mostly along the coast; clearest Glen Spean. Banks rise to high terrain, many Munros clear, then a rising risk of cloud filling in over high terrain from the southwest from mid-afternoon. 80%, lowering late in the day	Fairly extensive Shrouding most Munros to middle slopes early, most extensive south and well-inland. Some improvement for a few afternoon hours, best Glen Spean where approaching 800m, some chance higher breaks, but returning extensively later in the day. 20%
Sunshine? Air clarity (below cloud)	Often sunny through morning, high cloud gradually shrouds the sky afternoon. Very good visibility, a light coastal haze.	Largely overcast, a few brighter moments possible north. Poor visibility on high terrain due to fog, better under cloud.
How Cold? (at 900m) Freezing Level	7 or 8C rising to 10C; only slightly cooling overnight. Above the summits.	7 to 9C, some variability, and always near higher end of the range south coast hills. Feeling just above 0C in strongest wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 15 June, 2026

Through Monday, cloud will return from the southwest and bring some patchy rain with it. From Tuesday onward, a variable southwesterly will dominate through at least mid-week. Windy at times with periods of rain, drizzle and low cloud most persistent in the west; Tuesday into Wednesday is likely a wetter and unsettled period, with the unsettled weather lingering well into Wednesday in Scotland. Warmest in England and Wales, but may stay cooler in Scotland as low pressure to the northwest recycles air from the north Atlantic back onto the Munros. Pressure generally trending higher later in the week, centred southeast of England, but low pressure to the west of Ireland will prevent any extended settled periods with more windy, wet weather at times next weekend; temperatures likely become more widely warm.

Forecast issued at 15:53 on Saturday, 13 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.