

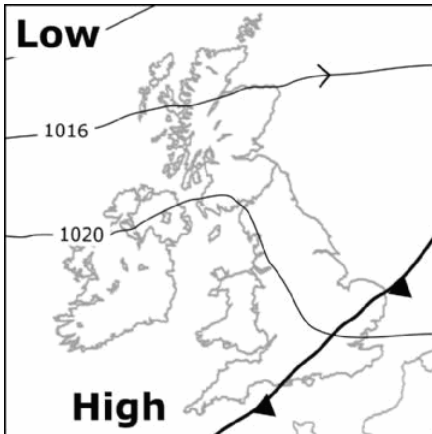
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Saturday, 20 June, 2026



British Mountain Summary:

Based on forecast chart for noon 20 June, 2026

Windy with a few drizzly showers and low cloud N and W Scotland. Elsewhere, fairly light wind (particularly Wales and S Pennines), and extensively dry. Widespread fog will clear most summits - although patches of fog lower slopes near some west coasts.

Headline for West Highlands

Blustery, particularly Lochaber. Fog, particularly near the coast.

Detailed Forecast for Saturday, 20 June, 2026

How windy? (On the Munros)	Southwesterly 20mph, but in Lochaber 25, to sometimes 30mph higher tops.
Effect of wind on you?	Will affect comfortable walking on higher tops, mainly Lochaber, where notable wind chill.
How wet? (Precipitation and its impact)	Risk of a few drizzly showers Extensively dry. However, now and again drizzly showers, mainly or only near the coast and across Lochaber.
Cloud on the hills?	Mountains extensively foggy, particularly near the coast Improving during day, although within a few miles of the coast cloud base near 700 or 800m. Progressively inland, the base higher, by afternoon, mostly above 900 to in central highlands 1100m.
Chance of cloud free Munros?	20% near the coast, rising to 60% eastern summits afternoon.
Sunshine? Air clarity (below cloud)	Largely cloudy western hills all day. Elsewhere, the sun breaking through. Visibility very good below cloud.
How Cold? (at 900m)	5 or 6C, little change all day near the coast, up to 8C eastern summits afternoon. Feeling near -2C in the wind Lochaber.
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Sunday 21 June	Monday 22 June
How windy? (On the Munros) Effect of wind on you?	Southwesterly 10 to 15mph in morning, possible 20mph briefly Lochaber, dropping widely below 10mph and direction Small.	South to southwesterly between 15 and 25mph. Fairly small
How wet? (Precipitation and its impact)	Rain not expected	Risk rain afternoon (Low confidence) Light rain may extend in from west during afternoon; the highest risk being in Lochaber.
Cloud on the hills?	Soon lifting, clearing Patchy cloud around some slopes, mainly near and west of Loch Linnhe and Mull in morning. All lifting and clearing during morning or perhaps middle of day (last to clear probably Lochaber).	Very little - may form in rain. Generally the hills free of cloud although on south facing coastal slopes fog may form: patches on coastal cliffs upward - perhaps higher slopes above the fog.
Chance of cloud free Munros?	90% by afternoon	80%
Sunshine? Air clarity (below cloud)	Periods of sunshine weakened at times by areas of high cloud. Visibility excellent or superb.	Patches of sunshine although extensive sometimes thin high level cloud. Excellent visibility - may become hazy, particularly near central belt.
How Cold? (at 900m) Freezing Level	6C at dawn, rising to 10C, locally 13C central highlands afternoon. Above the summits.	10C rising to 12 to 15C. Above the summits

Planning Outlook**All mountain areas of Britain from Sunday, 21 June, 2026**

Extensively dry and very warm indeed England and Wales although around Monday chance of thunderstorms . Rain and low cloud at times Scotland, mainly affecting western mountains - although later next week the warmth further south may penetrate north into or perhaps to all Scotland.

Forecast issued at 7:33 on Saturday, 20 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.