

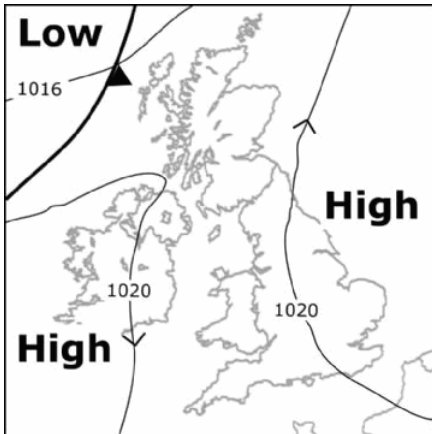
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Tuesday, 23 June, 2026



British Mountain Summary:

Based on forecast chart for noon 23 June, 2026

Becoming very warm and humid, particularly Wales where exceptionally so. Chillier north and west of Scotland, especially near the coast where it will become drizzly and misty. Elsewhere, be aware of dehydration and sunburn..

Headline for West Highlands

Blustery Lochaber. Fog and mist reaching mainly coastal hills

Detailed Forecast for Tuesday, 23 June, 2026

How windy? (On the Munros)	Southwesterly, in the range 20 to 30mph: strongest Lochaber; least wind Loch Lomond NP and Arran.
Effect of wind on you?	Mostly fairly small, although some buffeting on higher areas, particularly Lochaber.
How wet? (Precipitation and its impact)	Risk drizzle near coast late in day Risk of a little drizzle enveloping coastal hills afternoon and then edging slowly inland toward evening.
Cloud on the hills?	Risk ow cloud spreading inland Patches higher slopes morning will mostly lift above 1050 to 1200m. In afternoon, fog slowly enveloping coastal hills north from Jura, from 100 to 300m up. Likely to reach near Clyde sea lochs evening. The cloud will also edge slowly inland toward evening, but basemostly above 500 to 700m.
Chance of cloud free Munros?	80%, dropping to 10% near coast later in day
Sunshine? Air clarity (below cloud)	Extensive sunshine, particularly morning - may well later turn cloudy near coast north from Jura and in evening near Clyde sea lochs. May become intermittently misty near the coast, but elsewhere excellent visibility, although some haze near central belt.
How Cold? (at 900m)	9C coastal summits north from Jura. Progressively warmer inland, reaching a very word 18C central highlands afternoon.
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Wednesday 24 June	Thursday 25 June
How windy? (On the Munros) Effect of wind on you?	South to southwesterly, mostly 20mph, although 15mph Arran and southern Loch Lomond NP.. Small	South to southeasterly between 10 and 20mph; perhaps particularly gusty at times. Generally small, although there may be sudden buffeting at times both on higher areas and some lower slopes.
How wet? (Precipitation and its impact)	Isolated coastal drizzle A few patches of fine drizzle near southwest facing coastal slopes north from Mull morning before dying out.	Risk thunderstorms Risk scattered thunderstorms giving locally torrential rain.
Cloud on the hills? Chance of cloud free Munros?	All clearing - last to clear some coastal slopes Extensivere cloud above 450 to 600m from dawn will through morning gradually lift and break up - perhaps quickly central highlands Near the coast north from Mull, fog from coastal cliffs up will slowly lift and may eventually all clear (probably higher slopes) 20% rising to 90% from the east	Likely to form in and after rain Mountains extensively cloud free. In thunderstorms, fog may well be extensive some hills, in places from lower slopes up. 80%
Sunshine? Air clarity (below cloud)	Increasingly sunny as cloud thnis and breaks, although perhaps little sun near coast north from Jura. Mostly excellent visibility but fog clearing only slowly, from some coastal slopes.	Glimpses of sun through high level cloud - perhaps increasingly sunny from the south afternoon and evening. Hazy, particularly near central belt.
How Cold? (at 900m) Freezing Level	9C coastal summits most of day; elsewhere rising to 14 to a very warm 18C central highlands. Above the summits.	A warm 16 to 20C. Above the summits.

Planning Outlook

All mountain areas of Britain from Wednesday, 24 June, 2026

Exceptionally warm and humid most mountain areas until later Friday. The range in temperature in the detailed forecasts for Wednesday and Thursday reflect uncertainty in just how far north the extreme heat will penetrate - with more recent forecasts suggesting the (even) more extreme temperatures.

Scattered thunderstorms on Thursday and Friday, whilst over the weekend, progressively less warm as fronts begin to come in off the Atlantic, bringing bands of rain and low cloud, particularly affecting western mountains.

Forecast issued at 13:56 on Monday, 22 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.