

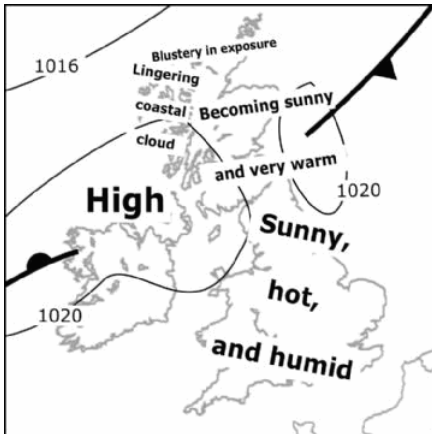
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Wednesday, 24 June, 2026



British Mountain Summary:

Based on forecast chart for noon 24 June, 2026

Extensive hot sunshine and unusually humid - beware sunburn and dehydration. England and Wales as well as east Scotland see early low patchy fog clearing; highest tops of east Scotland may be at or above the cloud layer at dawn. Some cloud clings to Scotland's west coast, breezy over far northern tops.

Headline for West Highlands

Becoming sunny and warm inland, lingering coastal cloud

Detailed Forecast for Wednesday, 24 June, 2026

<p>How windy? (On the Munros)</p> <p>Effect of wind on you?</p>	<p>West-southwesterly, 10-15mph, sometimes less in the south. May approach 20mph over highest tops.</p> <p>Small.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Isolated coastal drizzle fades</p> <p>A few patches of fine drizzle on west-southwest facing coastal slopes in the morning, this dying out for dry mountains afternoon.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free Munros?</p>	<p>Substantially clearing inland, some upper cloud banks towards the coast</p> <p>From dawn, extensive from 400-600m up, lowest towards the coast. High inland tops probably above the cloud layer. Bases lift through morning, soon beginning to break up towards central highlands. Banks may cling to coastal slopes above 700m for longer, only rare banks further inland.</p> <p>20% rising to 80% inland</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Increasingly sunny as cloud thins and breaks, although perhaps only patchy sun near coast north from Jura.</p> <p>Mostly excellent visibility but fog clearing only slowly, from some coastal slopes.</p>
<p>How Cold? (at 900m)</p> <p>Freezing Level</p>	<p>8 to 10C to start, coolest Lochaber coastal hills. Rising up to 15C well inland, nearer 12 or 13C near the coast or slightly cooler northern coastal Lochaber.</p> <p>Above the summits.</p>

West Highlands - Looking Ahead

	Thursday 25 June	Friday 26 June
How windy? (On the Munros) Effect of wind on you?	South to southeasterly between 10 and 20mph; perhaps particularly gusty at times, but also lighter periods too. Generally small, although there may be sudden buffeting at times both on higher areas and some lower slopes.	A variable southeasterly 10-20mph, notable gusts around showers, and significantly rising overnight, 35mph+. Fairly small at times but frequent buffeting gusts will affect stability, including to lower slopes, and deteriorating into night.
How wet? (Precipitation and its impact)	Risk rain and thunderstorms Risk thunderstorms giving locally torrential rain, as well as some more extensive areas of rain across northern mountains.	Thundery showers, clustering afternoon A scattering of showers, heavy bursts with risk of thunderstorms too. Through afternoon, rising risk of showers clustering together into prolonged thundery downpours.
Cloud on the hills? Chance of cloud free Munros?	Likely to form in and after rain Some ragged patches at dawn soon dissipate for largely cloud-free mountains. Where rain occurs, fog forming on higher slopes, or more extensive to middle/lower slopes where thunderstorms occur. 80%	Fairly extensive and variable Most slopes shrouded above 700-800m most of the day, lower banks likely early. A few breaks here and there for a time, and perhaps some local clear spots between cloud banks, but then becoming extensive as rain sets in more widely. 20%
Sunshine? Air clarity (below cloud)	Glimpses of sun through high level cloud - perhaps increasingly sunny from the south afternoon and evening. Hazy, particularly near central belt.	Rare glimpses of weak sun. Variable visibility, often poor due to cloud and rain, locally better, becoming hazy far south.
How Cold? (at 900m) Freezing Level	A warm 16 to 19C, to 22C southern islands. Above the summits.	15 to 17C, trending towards 15C widely as rain sets in. Humid. Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 25 June, 2026

Exceptionally warm and humid most mountain areas until later Friday; valley temperatures approaching the low-to-middle 30s in England and Wales, with hill temperatures approaching the high 20s at least. Scotland will be slightly cooler, though temperatures will still reach the low 20s on many slopes.

Scattered thunderstorms on Thursday and Friday, with a risk of extended torrential thunderstorms on Friday afternoon in northern areas. Over the weekend, progressively less warm as fronts begin to come in off the Atlantic, bringing a strengthening wind and bands of rain and low cloud, particularly affecting western mountains. Into the following week, Atlantic westerlies will dominate, with an indication of high pressure to the south producing dry and bright windows.

Forecast issued at 16:24 on Tuesday, 23 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.