

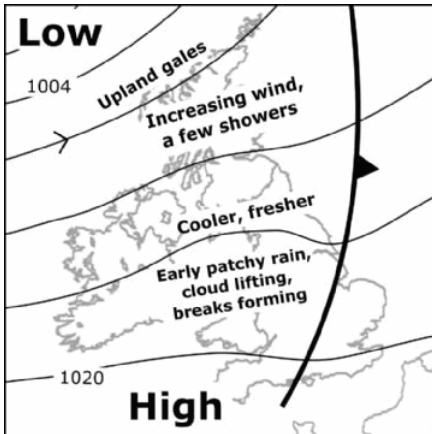
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Sunday, 28 June, 2026



British Mountain Summary:

Based on forecast chart for noon 28 June, 2026

Strengthening southwesterly winds, reaching gale force over western Scottish mountains, soonest near Skye. Much fresher everywhere, rather chilly on tops in exposure to wind. Some early rain, improving as cloud lifts and breaks, but scattered showers move east across the Highlands into the afternoon.

Headline for West Highlands

Increasingly gales on high tops. Patchy rain, showers; cloud rising.

Detailed Forecast for Sunday, 28 June, 2026

How windy? (On the Munros)	Southwesterly 20-30mph in morning, strengthening from west middle of day onward into afternoon, sustained at least 40mph Mull to Lochaber with 50mph+ gusts, slightly less Loch Lomond NP.
Effect of wind on you?	Fairly small at first, walking increasingly impacted, later arduous with wind chill; gusts knocking you off balance over higher mountains in Lochaber and west coast.
How wet? (Precipitation and its impact)	Scattered showers, mostly west Some steadier falls for a few hours around dawn with heavier moments. Occasional showers drift onto the hills from the southwest, dry windows too, particularly inland. A cluster of showers returning later, some heavier, pushing inland into evening. Rain more frequent west of Loch Linnhe into night.
Cloud on the hills?	Fairly extensive early, regular breaks develop inland From dawn, fairly extensive to the middle slopes, notably during rain where ragged patches form lower. Bases lift with increasing breaks during morning, just occasional banks over high terrain afternoon, but more cloud coastal high terrain, returning in showers more widely on tops.
Chance of cloud free Munros?	20% rising to 60% afternoon
Sunshine? Air clarity (below cloud)	Mostly cloudy start, breaking to a patchwork of cloud and sun. Very good visibility, a haze offshore especially around Mull.
How Cold? (at 900m)	7 to 9C; later a degree cooler Mull and northward. Feeling like 0 to -5C in later wind.
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Monday 29 June	Tuesday 30 June
How windy? (On the Munros) Effect of wind on you?	West-southwesterly 30-35mph, gusting up to 40mph high tops. Easing to finish near 15-20mph, perhaps lower. Strenuous walking early with considerable buffeting and wind chill in exposure; easing to fairly small effects by evening.	South to southeasterly 15 to 25mph, strongest toward south; may drop widely lighter and variable. Fairly small, but may feel more blustery especially toward southern coasts and islands for a time.
How wet? (Precipitation and its impact)	Patchy rain and showers Many slopes seeing patchy rain drift from the west, dry windows best inland in the morning, while coastal slopes may be often damp. More frequent showers for a few afternoon hours.	Rain and showers A risk of frequent or more persistent rain for a time in the morning, then becoming areas of slow-moving showers into the afternoon, some places drier, but locally heavy bursts, risk of isolated thunder.
Cloud on the hills?	Most extensive along coast Most terrain above 600-700m shrouded at dawn, with bases as low as 300m along the coast. A lifting trend with time, some breaks forming above 1100 well-inland, but staying lower along the coast where may struggle to rise above 700m.	Fairly extensive Shrouding most high terrain all day, varying bases around rain, some ragged patches to lower slopes. Local breaks may form higher up, mainly north Lochaber.
Chance of cloud free Munros?	30%	20%
Sunshine? Air clarity (below cloud)	Bursts of sun breaking out, sunniest on lower inland aspects. Very good visibility, some west coast haze.	Largely cloudy, rare brief sun. Visibility occasionally very good if dry, but reduced in rain, poor for periods.
How Cold? (at 900m) Freezing Level	5 or 6C, rising to 8C inland, or locally 9C towards Ben Lomond. Feeling like 0 to -3C in strongest wind. Above the summits.	7C, rising to 9C mainly inland and south. Above the summits.

Planning Outlook**All mountain areas of Britain from Monday, 29 June, 2026**

A westerly Atlantic pattern dominates the new week: high pressure south and low pressure north will bring alternating periods of rain punctuated by bright sunshine. Wind generally on the strong side with mild to sometimes warm temperatures, though cooler and windier spells at times produce significant wind chill on Scottish tops. Western hill groups from Lakeland northward will see the most cloud and patchy rain, while east and southern areas likely drier and sunnier. This pattern is likely to continue into next weekend.

Forecast issued at 16:00 on Saturday, 27 June, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.