

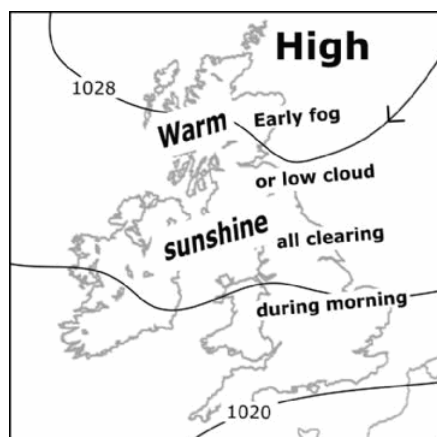
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Wednesday, 15 July, 2026



British Mountain Summary:

Based on forecast chart for noon 15 July, 2026

Warm across the hills with strong sunshine. Fog for lower eastern areas from dawn - Scottish hills above the fog, whilst low cloud banks drift onto hill slopes over Pennines for a few hours. Easterly breeze, strongest for south Pennines & Wales. Extremely dry ground, beware of fire.

Headline for West Highlands

Warm and sunny. Light wind, gusty in south.

Detailed Forecast for Wednesday, 15 July, 2026

How windy? (On the Munros)	East or southeasterly 5 to 15mph, strongest southern areas, occasional gusts 20mph around Arrochar to Kintyre and Jura, sometimes Arran.
Effect of wind on you?	Mostly small, locally feeling breezier on tops around the Firth of Clyde and Jura.
How wet? (Precipitation and its impact)	No rain expected
Cloud on the hills?	Mountains clear From dawn, patchy fog some glens and over lochs, locally more extensive over the lowlands from Loch Lomond eastward; soon all dispersing.
Chance of cloud free Munros?	Practically certain
Sunshine? Air clarity (below cloud)	Strong sunshine all day. Excellent visibility on high terrain, some low-level haze.
How Cold? (at 900m)	16C from dawn (warmer than glens), rising to 19C (glens reach 25C or locally 28C in Lochaber).
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Thursday 16 July	Friday 17 July
How windy? (On the Munros)	Northeasterly, 5 to 10mph, occasional 15mph.	Northerly 15 to 20mph.
Effect of wind on you?	Small.	Fairly small, but feeling noticeably cooler on hills.
How wet? (Precipitation and its impact)	No rain expected	No rain expected
Cloud on the hills?	Hills clear	Little if any Some patchy cloud banks may drift onto some slopes in the morning, but lifting and leaving the hills generally clear.
Chance of cloud free Munros?	Practically certain	90%
Sunshine? Air clarity (below cloud)	Sunshine over the mountains dawn til dusk, occasional thin high cloud. Visibility excellent, some mist patches from dawn in glens and over lochs.	Patchwork of sun and cloud. Visibility very good, slight haze toward the south.
How Cold? (at 900m) Freezing Level	16C from dawn, (warmer than glens at first), rising to 19C (glens reach 26C or locally warmer on the western mainland). Above the summits.	13 to 16C, warmest in south and more generally in afternoon. Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 16 July, 2026

Settled summer weather continues into the weekend and next week as high pressure dominates. Warm temperatures on the hills in midweek will trend cooler from the north from Friday into the weekend, dropping below 10C on summits for periods, mainly Scottish mountains. Most persistently cooler in the north where some cloud will be drawn over the tops at times, occasional light showery rain. Otherwise generally ongoing dry weather, with good amounts of sun and many hill tops often clear of cloud. Continuing very high risk of fire with extremely dry ground conditions. A change of weather pattern late in the month brings scope for rain and thundery showers.

Forecast issued at 16:29 on Tuesday, 14 July, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.