

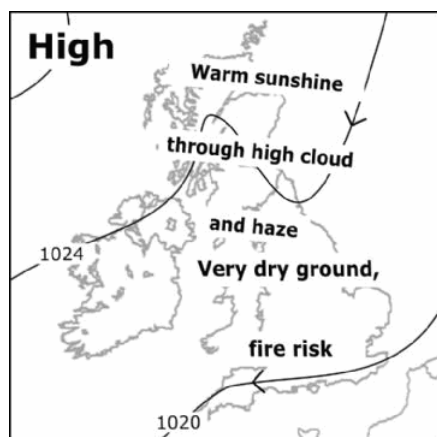
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Thursday, 16 July, 2026



British Mountain Summary:

Based on forecast chart for noon 16 July, 2026

Extremely dry ground conditions with risk of wildfire, notably England and Wales. Remaining very warm and mostly sunny across the country, high cloud and haze weakening the sun in the north. Early sea fog affects low slopes of north and east Scotland and England, this burning off through morning.

Headline for West Highlands

Very warm; sun and some thin high cloud

Detailed Forecast for Thursday, 16 July, 2026

How windy? (On the Munros)	North-northeasterly 5 to 10mph, occasionally gusting 15mph over tops, mostly well-inland.
Effect of wind on you?	Negligible.
How wet? (Precipitation and its impact)	Little or none A chance of some spotty outbreaks of rain east and south of Loch Linnhe; very small totals and most hills entirely dry.
Cloud on the hills?	Hills clear Some early low-level mist in the glens around Loch Lomond/Central Belt just at dawn, this soon dissipating.
Chance of cloud free Munros?	Practically certain
Sunshine? Air clarity (below cloud)	Sunshine over the mountains dawn til dusk, occasional thin high cloud, tending to thicken from the east. Visibility very good, some mist patches from dawn in glens and over lochs, some haze well inland and south.
How Cold? (at 900m)	16C from dawn, (warmer than glens at first), rising to 19 or 20C (glens reach 26C or locally warmer on the western mainland).
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Friday 17 July	Saturday 18 July
How windy? (On the Munros)	Northerly 15 to 20mph.	Northerly 10-20mph, gusty over high tops and passes.
Effect of wind on you?	Fairly small, but feeling noticeably cooler on hills.	Fairly small, though frequent nuisance gusts over high terrain.
How wet? (Precipitation and its impact)	No rain expected	Likely dry Occasional fine drizzle may drift around the high tops along the coast, notably west of Loch Linnhe, but more often dry and elsewhere likely entirely dry.
Cloud on the hills?	Little if any Some patchy cloud banks may drift onto some slopes in the morning, mostly near Great Glen, but lifting and leaving the hills generally clear.	Lifting above most summits Patchy cloud banks at dawn, mostly near the coast; tops above 1200m above cloud layer. Bases rise, shrouding high terrain for a time, but then likely above the tops afternoon; banks return to coastal tops at times.
Chance of cloud free Munros?	90%	70%
Sunshine? Air clarity (below cloud)	Patchwork of sun and cloud. Visibility very good, slight haze toward the south.	Patchwork of cloud and sun. Very good visibility.
How Cold? (at 900m)	13 to 16C, warmest in south and more generally in afternoon.	7 or 8C, rising to 10 or 11C, coolest northern coastal areas; locally milder Loch Lomond to Arran.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Friday, 17 July, 2026

Settled summer weather continues into the weekend and next week as high pressure dominates. Warm temperatures on the hills in midweek will trend cooler from the north from Friday into the weekend, dropping below 10C on summits for periods, mainly Scottish mountains. Most persistently cooler in the north where some cloud will be drawn onto high terrain and over tops at times, occasional light showery rain; occasional inversion conditions in the morning. Otherwise generally ongoing dry weather, with good amounts of sun and many hill tops often clear of cloud. Continuing very high risk of fire with extremely dry ground conditions. A change of weather pattern late in the month brings scope for rain and thundery showers.

Forecast issued at 15:59 on Wednesday, 15 July, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.