

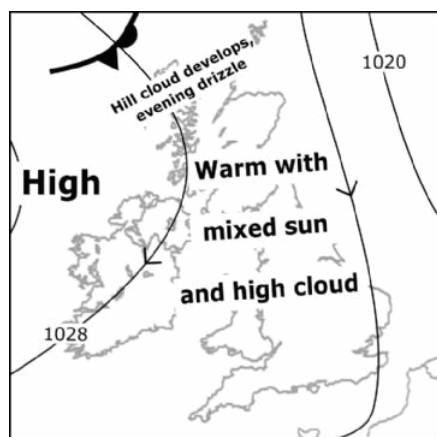
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Sunday, 19 July, 2026



British Mountain Summary:

Based on forecast chart for noon 19 July, 2026

Some patchy mist here and there at dawn, but the hills largely clear with a mix of sun and high cloud across the country. Mostly warm, milder north Scotland where cloud patches graze highest tops. Late in the day, hill cloud arrives into northwest Scotland with light drizzly rain. Fire risk remains high.

Headline for West Highlands

Mixed cloud and sun; warm

Detailed Forecast for Sunday, 19 July, 2026

How windy? (On the Munros)	Northerly 5-15mph, slightly northwesterly trend later and may rise slightly.
Effect of wind on you?	Small.
How wet? (Precipitation and its impact)	No rain expected
Cloud on the hills?	Little or none Patchy mist here and there west of Loch Linnhe early, little if any elsewhere. The hills clear most of the day, a few patches occasionally on high terrain from Mull northward (not necessarily tops), a more extensive layer returning here late in the day.
Chance of cloud free Munros?	90%
Sunshine? Air clarity (below cloud)	A patchwork of cloud and sunshine. Excellent visibility.
How Cold? (at 900m)	9C rising to 11 to 14C, warmest well inland. Less rise along the coast, little or no rise coastal Lochaber.
Freezing Level	Above the summits.

All mountain areas of Britain from Monday, 20 July, 2026

Weather remains settled through next week as high pressure persists west of Ireland. Northwesterly flow keeps temperatures nearer to average for the time of year, dawn temperatures in the middle single digits in Scotland; staying warm in England and Wales but maximum summit temperatures only to the high teens. Cloud and drizzle starts to affect northwest Scotland more often, occasionally drifting further south, chance of an area of patchy rain slipping south through the country on Wednesday, though totals likely small. Despite this, ground remains very dry with high fire risk, with active wildfires limiting access in places. An unsettling trend is indicated next following weekend, bringing wind and rain first to Scotland and increasingly widely. England and Wales may remain quite warm.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.