

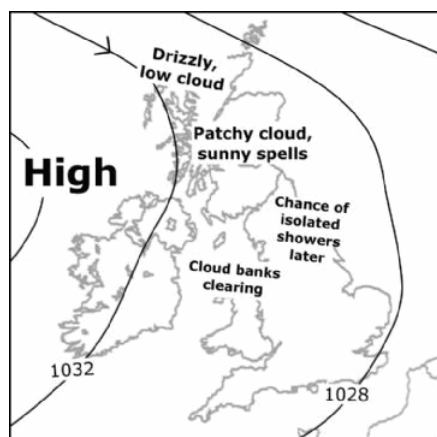
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Tuesday, 21 July, 2026



British Mountain Summary:

Based on forecast chart for noon 21 July, 2026

Breezy over northern Scottish mountains, tending to strengthen; fairly light wind elsewhere. Most places dry with some patchy cloud on tops largely clearing. Feeling warm in the sun. Northwest Highland coasts hold low cloud and some drizzle much of day. Chance of a late shower over the Pennines.

Headline for West Highlands

Cloud banks mostly northwest, breaks south. Breeze increasing.

Detailed Forecast for Tuesday, 21 July, 2026

How windy? (On the Munros)	Northwesterly 15 to 25mph, strongest toward coast and islands, tending to strengthen, widely to 25-30mph by late afternoon and evening, some stronger gusts into night.
Effect of wind on you?	Fairly small, but becoming more noticeable, starting to affect comfortable walking later with some buffeting gusts developng; marked wind chill later.
How wet? (Precipitation and its impact)	Drizzly showers mostly northwest Damp at times over coastal areas and islands, drizzle in the air most often near Mull to Ardnamurchan. Occasional drizzle inland, but often dry well inland and south.
Cloud on the hills?	Often covering higher western slopes Most persistent near/west of Loch Linnhe above 600-800m, lowest near Mull. Some higher breaks forming further inland above 1000m, well broken south. Above 1100-1200m may be near or above top of the cloud for periods.
Chance of cloud free Munros?	30% W Lochaber, to 60% L.Lomond NP.
Sunshine? Air clarity (below cloud)	Fairly cloudy, sun breaking through mostly toward Loch Lomond NP. Visibility good below cloud, reduced locally if drizzly.
How Cold? (at 900m)	8 to 12C, coolest where in cloud, all day west; warmest well inland afternoon. Feeling nearer 0C if exposed to wind.
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Wednesday 22 July	Thursday 23 July
How windy? (On the Munros) Effect of wind on you?	North to northwesterly 15 to 25mph, typically strongest on coastal mountains, more widely early in day, at times 30mph. Feeling breezy and rather cool on high terrain particularly morning, may start to affect balance on exposed ridges.	Westerly 15 to 25mph, strongest over high tops in Ben Nevis group and coastal tops toward Mull, freshening widely with time. Fairly small effect on walking, but feeling breezy and quite cool on high terrain.
How wet? (Precipitation and its impact)	A little rain mainly north Occasional patchy rain and drizzle mainly Lochaber to Mull. Largely dry further southwards, odd drizzly patches near to coasts.	Damp west Lochaber, drier south Patchy drizzle, most frequent near and west of Loch Linnhe, where developing into some steadier light rain.
Cloud on the hills?	Fairly extensive, rising inland Covering hills fairly widely above 700 to 900m in morning, lowest near coasts. Tending to lift above 1000m, breaks forming higher inland afternoon, best in south. Lower banks persist Mull to Jura.	Fairly extensive, rising, some breaks Shrouding hills especially in Lochaber from lower elevations upward early in the day, patchier southward. Bases tending to lift to 900-1000m with breaks forming inland, though near Mull may linger above 800m.
Chance of cloud free Munros?	20% rising to 40% north, 60% south.	20% W Lochaber, rising to 40% elsewhere.
Sunshine? Air clarity (below cloud)	Fairly cloudy, some sun breaking through at times, better southwards. Visibility mostly very good below cloud.	Largely cloudy, misty poor visibility to some lower elevations up in the morning, improving to become very good below cloud where dry, some sun breaking through best in Loch Lomond NP.
How Cold? (at 900m) Freezing Level	8C rising to 10 to 13C, coolest coastal hills, warmest eastern Loch Lomond NP. Feeling near 0C in the wind early in day. Above the summits.	8 or 9C coastal areas, little change all day. Inland 9 or 10C rising to 12C out of cloud. Feeling near 0C in the stronger wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Wednesday, 22 July, 2026

Largely dry weather continues this week as high pressure stays nearby. Very dry ground and high fire risk, beware of some ongoing fire management with locally restricted access to hills. A prevailing northwesterly wind brings further low cloud and some drizzle onto northwestern Scottish mountains - more widely across the western Highlands later in the week as the flow turns more westerly, with occasional steadier light rain. Patchy cloud over tops elsewhere, best sunshine and warmth in east and south-facing areas. Westerly winds strengthen everywhere into the weekend, bringing some rain and showers to all regions. A changeable and cooler outlook is expected into the last week of July.

Forecast issued at 16:01 on Monday, 20 July, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.