

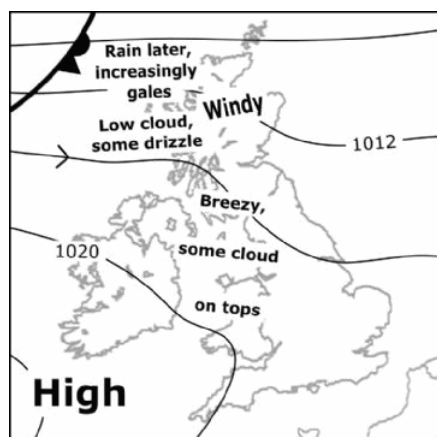
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 24 July, 2026



British Mountain Summary:

Based on forecast chart for noon 24 July, 2026

Strong westerly winds, reaching gale-force on Scottish tops, increasing later. Low cloud and some drizzle in western Scotland, drier and some cloud breaks further east. More persistent rain develops from the northwest later. Largely dry England & Wales, some cloud capping high western tops.

Headline for West Highlands

Windy, strengthening to gales tops. Drizzle, low cloud.

Detailed Forecast for Friday, 24 July, 2026

How windy? (On the Munros)	Westerly 25 to 40mph, strongest sustained speeds and gusts over higher Ben Nevis group. Tending to strengthen toward evening, reaching 50mph in Lochaber then more widely, gusts 60-70mph higher tops from dusk into night.
Effect of wind on you?	Very blustery over high terrain, affecting comfortable walking and balance on some ridges. Generally deteriorating further later in the day to become widely challenging on hills. Considerable wind chill.
How wet? (Precipitation and its impact)	Drizzly rain, then heavier rain into night Drizzle over many mountains much of the day, some steadier light rain particularly western Lochaber in the morning. Some drier moments inland, particularly Loch Lomond NP afternoon. Later evening, rain develops from northwest, some heavier extended falls further into night Lochaber to Mull.
Cloud on the hills?	Extensive, lowest coasts Shrouding most mountains all day, near coasts much of day above 500-600m, bases typically 700-900m inland, some rise into afternoon, breaks may form toward central highlands. Highest summits above 1200m may be near top of the cloud banks at times.
Chance of cloud free Munros?	20%
Sunshine? Air clarity (below cloud)	Cloudy and dull, misty much of day west coast hills. Some better visibility inland at times below cloud and where dry.
How Cold? (at 900m)	7C rising to 9 or 10C; little change with added height on Munros. Feeling like 0 to -5C directly in the wind.
Freezing Level	Above the summits.

All mountain areas of Britain from Saturday, 25 July, 2026

Westerly winds prevail this weekend and early next week, then southwesterly into midweek, bringing spells of rain, drizzle and some showery falls; low cloud persistent across hills, particularly in the west. Upland gales early on Saturday tend to lessen, but staying breezy; lower wind speeds for Scotland on Sunday. Rather cool this weekend and Monday, single-figures Celsius on high terrain. Then more humid, and warmer, especially England & Wales. More prolonged heavier rain possible for western Scotland Monday-Tuesday, risk of gales again on high tops. More uncertainty later in the week as a slow-moving area of low pressure is nearby, but risk areas of heavy rain and showers.

Forecast issued at 16:16 on Thursday, 23 July, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.