

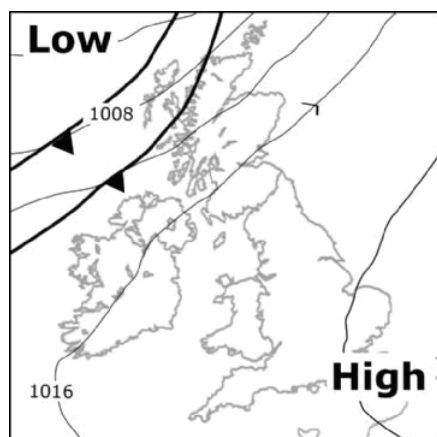
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Saturday, 8 August, 2026



British Mountain Summary:

Based on forecast chart for noon 8 August, 2026

Ranging from persistent gales, and increasingly toward west and north, rain and fog across the Scottish Highlands to blustery but largely dry Cumbria and S Scotland. Extensively warm and sunny elsewhere.

Headline for West Highlands

Gales or severe gales. Increasingly wet from northwest. Fog.

Detailed Forecast for Saturday, 8 August, 2026

How windy? (On the Munros) Effect of wind on you?	Southerly 40-55mph most of day. Slow drop in speed toward evening. Strongest wind Mull, west of and summits just east of Loch Linnhe. Least wind Loch Lomond NP, perhaps only 35mph Arran Challenging conditions with significant wind chill; strongest gusts may knock you over.
How wet? (Precipitation and its impact)	Rain near/west of Loch Linnhe, gradually extending south and east Rain rarely before late morning or midday patches of rain begin to develop more widely. Through afternoon, rain progressively setting in, although very little Arran and perhaps southern hills in Loch Lomond NP until early evening.
Cloud on the hills? Chance of cloud free Munros?	Becoming extensive Fog persistent or by midday persistent from 200 to 450m up west of Loch Linnhe and Mull to Arran. Cloud base a little higher other western mountains. Elsewhere, central highlands and north from Rannoch Moor, cloud base 600 to perhaps 900m (highest near & north of Glen Spean). Almost nil
Sunshine? Air clarity (below cloud)	Extensively dull with poor visibility.
How Cold? (at 900m) Freezing Level	8 to 10C, warmest well inland Loch Lomond NP. Feeling like -5C in direct wind. Above the summits.

All mountain areas of Britain from Sunday, 9 August, 2026

Generally less settled after midweek northwestwards across Scotland where occasional rain and areas of low cloud.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.