

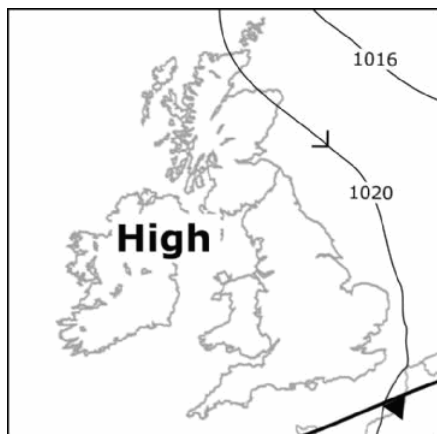
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 10 August, 2026



British Mountain Summary:

Based on forecast chart for noon 10 August, 2026

Windy in northern and western Scotland, particularly morning. Elsewhere, the breeze dropping away. Periods of bright sunshine, particularly England and Wales - beware sunburn. Only occasional sunshine toward NW Scotland.

Headline for West Highlands

Wind progressively dropping. Intermittent bright sun.

Detailed Forecast for Monday, 10 August, 2026

How windy? (On the Munros)	Northwesterly 15 to in Lochaber and toward Creag Meagaidh 20-25mph. Dropping to very low speeds by afternoon, perhaps earlier.
Effect of wind on you?	Becoming negligible
How wet? (Precipitation and its impact)	Rain not expected
Cloud on the hills?	Confined to higher tops Cloud base will rise morning; by late morning, cloud rare below 1000m, although within a few miles of the coast there may be patches near 800m. In afternoon, most or probably all summits clearing completely.
Chance of cloud free Munros?	Rising through morning to 90%
Sunshine? Air clarity (below cloud)	Patchwork of bright sunshine. Excellent or increasingly superb visibility.
How Cold? (at 900m)	5C, rising a couple of degrees near the coast, but to 12C well inland.
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Tuesday 11 August	Wednesday 12 August
How windy? (On the Munros) Effect of wind on you?	Southerly 15mph, although later 20mph perhaps 25mph Mull and Jura. Small, although gusty conditions on the islands could impact ease of balance.	Southerly increasing from around 10mph lower slopes to 30 to on summits near the coast perhaps 40mph on higher tops. Will increasingly impede ease of walking with height; sudden gusts, in places blowing downslope off higher terrain.
How wet? (Precipitation and its impact)	Rain not expected	Showery bursts of rain Near the coast, bursts of rain from time to time, occasionally heavy. Elsewhere, a few showers, but substantially dry.
Cloud on the hills? Chance of cloud free Munros?	Possibly cloud some areas morning Small chance in morning cloud above 500m eastern Loch Lomond NP (although top of the cloud around 1000m). The base will rise before eventually dispersing. 80%	Many summits cloud free Overall cloud confined to highest slopes or perhaps above the summits. Following rain, mainly Mull and west of Loch Linnhe, risk cloud for a few hours above 500 to 750m. 70%
Sunshine? Air clarity (below cloud)	More or less unbroken sunshine although often through high thin cloud. Possibly cloudy some areas morning. Superb visibility.	Intermittent sunshine, although only occasional or glimpses near the coast. Excellent visibility although haze near the coasting central belt.
How Cold? (at 900m) Freezing Level	8C rising to 15C Above the summits.	11 rising to 14 to 16C, lowest Mull. Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 11 August, 2026**

Chance of bursts of rain, possibly locally thundery on Wednesday NW England northwards, with further occasional rain (and low cloud) later in the week, mainly across the W & NW Highlands.
The almost completely dry and warm weather will persist elsewhere. Underfoot conditions will remain exceptionally dry.
There may well be little change in the pattern into next week.

Forecast issued at 14:07 on Sunday, 9 August, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.