

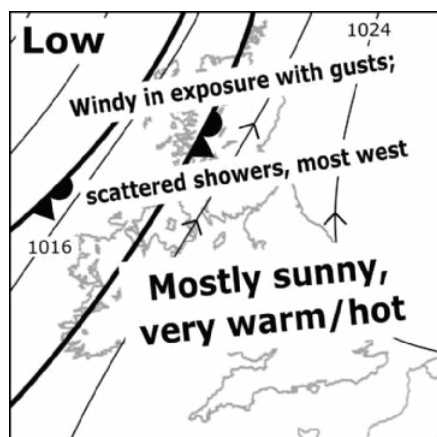
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Wednesday, 12 August, 2026



British Mountain Summary:

Based on forecast chart for noon 12 August, 2026

Blustery on high terrain in Scotland, gusts pushing downslope in places. Scattered showery rain in the west, a few heavy bursts; some showers push east with time. Dry with hot sun and little wind for England and Wales, just some patchy high cloud in the north; beware risk of sunburn and dehydration.

Headline for West Highlands

Showery rain, some heavy bursts; windy

Detailed Forecast for Wednesday, 12 August, 2026

How windy? (On the Munros)	Southwesterly 20-30mph; notably stronger high tops, sustained speeds to 35-40mph with a risk of stronger gusts; may trend lighter later in the day in the south.
Effect of wind on you?	Will increasingly impede ease of walking with height; sudden gusts, in places blowing downslope off higher terrain, making walking more strenuous with wind chill despite warm temperature.
How wet? (Precipitation and its impact)	Showery bursts of rain Near the coast, periods of showery rain come and go, some heavy bursts. Showers more scattered to the south and well inland, dry windows likely.
Cloud on the hills?	Little morning cloud, mostly just high terrain afternoon Generally the mountains free of cloud through morning. Cloud forms above 900m through afternoon, staying patchy for a time but some periods of extensive cloud spread more widely as low as 700m towards west coast, still a chance of breaks too.
Chance of cloud free Munros?	80% through morning, lowering to 40%
Sunshine? Air clarity (below cloud)	Intermittent sunshine, although only occasional or glimpses near the coast. Excellent visibility although haze near the coastal central belt.
How Cold? (at 900m)	11 rising to 14 to 16C; coolest Mull and coastal Lochaber, warmest well inland towards Rannoch Moor/Creag Meagaidh. Feeling like 5 to 7C in strongest wind.
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Thursday 13 August	Friday 14 August
How windy? (On the Munros)	Southwesterly between 15 and 25mph, strongest near and west of Loch Linnhe.	Southwesterly 15-25mph.
Effect of wind on you?	Mostly fairly small	Fairly small, but some notable breezes over high tops at times.
How wet? (Precipitation and its impact)	Rain on and off; small risk thunder Pulses of sometimes heavy rain (with risk thunder) most or all day Jura and near and west of Loch Linnhe. Elsewhere, bursts of rain from time to time, mainly later in the day.	Patchy rain, some drizzle Rain affects the hills near and west of Loch Linnhe most of the day, drizzly on high terrain here. Further south and east, rain patchier, increasingly broken south.
Cloud on the hills?	Fairly extensive Conditions will vary, with breaks above 900m north from Rannoch Moor. But elsewhere, particularly in and after rain, cloud filling in at or below 500m, forming below 300m west of Loch Linnhe. The poorer conditions will tend to extend east through afternoon.	Fairly extensive Near and west of Loch Linnhe will be shrouded from lower slopes up much of the day, to coastal cliffs in rain. To the south and east, some variability, may lift towards 700-800m during drier windows but returning lower.
Chance of cloud free Munros?	20%	20%
Sunshine? Air clarity (below cloud)	Little or no sunshine. Visibility poor in cloud and rain, hazy south.	Little or no sun, often dull near the coast. Poor visibility.
How Cold? (at 900m)	14 or 15C, warmest around the southern islands and Ben Lomond.	10 to 12C at dawn, mildest inland, lowering towards 9 or 10C widely, coolest along the coast.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 13 August, 2026

Thursday remains dry and exceptionally hot across England and Wales; very dry ground conditions. Rain will begin to spread across Scotland through Thursday, this slipping into England and Wales on Friday and bringing a fresher breeze with its passing. Though weekend, high pressure is never far away to the southwest, keeping conditions generally drier and brighter across England and Wales, though a northwesterly flow will bring some cloud to western hills. Scotland is more often cloud with patchy rain in the north and west.

Mixed conditions early next week with patchy rain and sunny bursts here and there. With time, a trend towards stronger westerly winds with a few spells of more widespread rain; forecast confidence is low beyond the weekend.

Forecast issued at 15:50 on Tuesday, 11 August, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.