

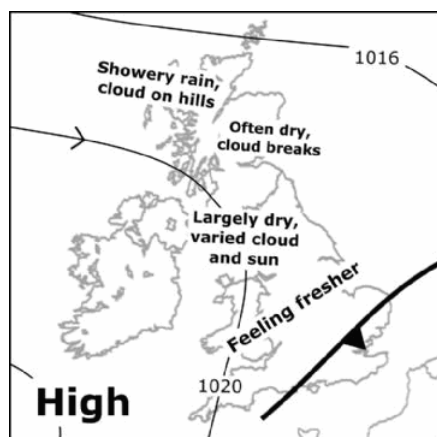
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Saturday, 15 August, 2026



British Mountain Summary:

Based on forecast chart for noon 15 August, 2026

A fresh-to-strong westerly breeze across Scotland brings showery rain frequently to the northwest, cloud covering many western hills; fewer showers and higher cloud bases eastward. Moderate northwesterly breezes for England & Wales, cooler than recent days, early showers mostly fade with cloud lifting.

Headline for West Highlands

Breezy, cool on tops. Rain most often north, cloud on hills.

Detailed Forecast for Saturday, 15 August, 2026

How windy? (On the Munros)	Westerly 25-30mph early in day, strong gusts over high tops approaching 40mph early morning in Ben Nevis range. An easing tendency to 20mph afternoon, slightly less by evening.
Effect of wind on you?	Strongest early gusts begin to challenge stability, trending toward smaller effects. Feeling rather chilly in exposure on high terrain.
How wet? (Precipitation and its impact)	Rain on and off north, showers form more widely inland Showery rain most common on hills from Mull northward early morning, often drizzly near the coast. A scattering of brief showers form widely during morning into middle of day, most frequent Lochaber, drier windows Loch Lomond NP. Showers most common inland by afternoon, fewer near coast.
Cloud on the hills?	Most persistent Ben Nevis to Mull, varied south and well inland. Hills near and west of Loch Linnhe shrouded from middle slopes up especially morning, some rise of base in afternoon, but rare breaks to upper slopes above 900m, lower near coast. Near Loch Lomond and inland near Rannoch Moor, cloud more variable, some breaks towards high terrain, patches mostly above 900-1000m inland by
Chance of cloud free Munros?	20% west Lochaber, to 50% south inland.
Sunshine? Air clarity (below cloud)	Fairly cloudy north and west, bursts of sunshine, mostly south in morning. Varied visibility, sometimes good out of cloud and rain but a light coastal haze.
How Cold? (at 900m)	7C, rising a degree well-inland. Feeling near freezing in the wind much of the day, or below freezing on higher tops in the morning.
Freezing Level	Above the summits.

All mountain areas of Britain from Sunday, 16 August, 2026

Westerly weather patterns prevail into the new week bringing generally unsettled and cooler conditions - single-figure temperatures typical on the Munros and high tops elsewhere. On Monday, extensive rain spreads across Scotland, heaviest in the west. Winds strengthen, risk reaching gale force on many hills later on Monday, staying blustery widely into midweek. Rain extends south over England and Wales by Monday night into early Tuesday . The rest of the week likely sees showery rain common for all areas as low pressure dominates toward the north, the rain most persistent in western Scotland, but odd heavier bursts passing eastward, with a chance of thunder, especially later in week.

Forecast issued at 16:30 on Friday, 14 August, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.