

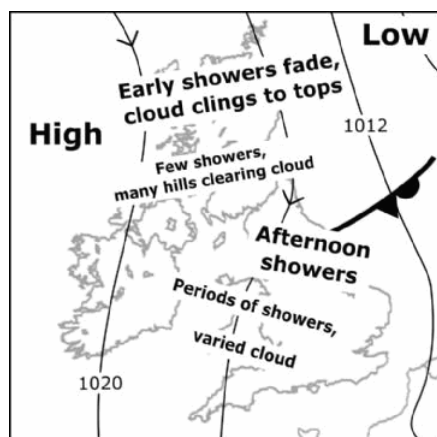
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 21 August, 2026



British Mountain Summary:

Based on forecast chart for noon 21 August, 2026

Early showers in north Scotland, then a dry afternoon, though cloud lingers on northern tops. Largely dry start for south Scotland and England, mostly clear hills, then afternoon showers forming, particularly over the Pennines. Showers on and off in Wales, some heavy bursts. Cool-to-mild and little wind.

Headline for West Highlands

Rare light showers; cloud lifts, off many tops

Detailed Forecast for Friday, 21 August, 2026

How windy? (On the Munros)	Northerly 15-20mph, shifting northwesterly and tending to ease, to around 10mph inland areas.
Effect of wind on you?	Mostly small.
How wet? (Precipitation and its impact)	Rare light showers A few showers here and there, drifting from the north; light in nature and most hills substantially dry much of the day. Showers at and before dawn may fall as sleet/snow on Ben Nevis summit.
Cloud on the hills?	Lifting towards high terrain with breaks Varied cloud mostly above 600-700m in the morning, locally more extensive north where showers occur, particularly towards Creag Meagaidh. Lifting with time to just banks over high terrain, best chance of summit breaks south of Rannoch Moor.
Chance of cloud free Munros?	Rising to 40%, to 60% towards south central highlands
Sunshine? Air clarity (below cloud)	Glimpses of sun, longer sunny windows on lower slopes. Visibility becomes very good, including on some southern summits where cloud lifts.
How Cold? (at 900m)	4 or 6C to start, mildest south, and rising towards 7C, or a degree milder towards central highlands; least rise west of Loch Linnhe.
Freezing Level	Just above the Ben Nevis summit at dawn, lifting higher.

West Highlands - Looking Ahead

	Saturday 22 August	Sunday 23 August
How windy? (On the Munros)	Northwesterly 15-20mph, gusty, notably in the morning.	West-southwesterly 10-20mph, strongest speeds north and gusting stronger over high tops.
Effect of wind on you?	Fairly small, though gusts will affect ease of walking at times.	Fairly small, but some nuisance gusts over northern summits.
How wet? (Precipitation and its impact)	Some drizzle, rare light rain High terrain along the coast (and perhaps more widely north of Glencoe) will see a fine drizzle much of the day. Occasional spots of light rain will drift onto the coast as well. Substantially dry towards Ben Lomond.	A little drizzle Drizzly on high terrain near the coast, may reach towards lower slopes just around dawn. Drizzle fades, lingering near and west of Loch Linnhe, but increasingly widely dry.
Cloud on the hills?	Becoming fairly extensive High coastal terrain shrouded early, patchy inland, early clear tops south/east of Glencoe. Cloud soon filling in above 1000m in Lochaber, gradually spreading more widely and lowering, all summits shrouded afternoon with bases towards 600m west of Loch Linnhe.	Extensive, some improvement south/inland Most hills shrouded to middle slopes at dawn, patchy lower banks, extensive to low slopes along the west coast. Bases rise, few breaks above 700m along the coast, though higher inland; some summits from Ben Lomond to Bridge of Orchy may see a few fleeting breaks.
Chance of cloud free Munros?	50% lowering to 20%	20%
Sunshine? Air clarity (below cloud)	Early patchy sun in the east and south, gradually clouding over from the northwest and increasingly dull with poor visibility.	Sunny glimpses appearing in the south, more often cloudy to the north, often dull along the coast with poor visibility on high terrain.
How Cold? (at 900m)	5 to 7C rising slightly, locally up to 9C well-inland; only small drop into night.	7C, rising slightly well-inland, locally to 9C.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Saturday, 22 August, 2026

The weekend is often cloudy in north and west Scotland, some drizzle on the summits with occasional light rain, amounting to little. Drier south and east Scotland, but cloud will reach here too, particularly on Sunday. England and Wales will be largely dry and bright this weekend with little wind and mild temperatures. On Sunday, high pressure west of the country may facilitate local inversion conditions, but low cloud likely quick to fade.

Next week begins dry and bright, but wind shifts southeasterly and pressure drops again as the week goes, bringing periods of cloud and rain (sometimes heavy) to most hill groups, some stronger wind at times. Similar conditions persist into the following weekend: generally unsettled but a chance of a settled window, best in the east.

Forecast issued at 16:00 on Thursday, 20 August, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.