

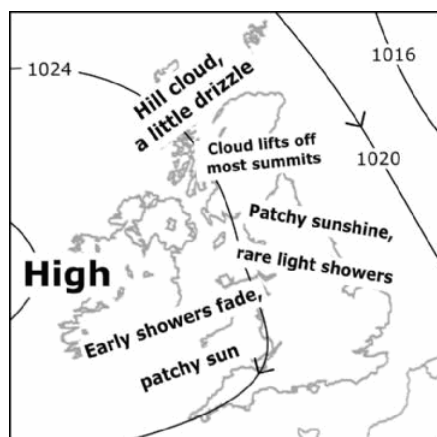
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



New SWIFT LT - Ultra-compact, featherweight lighting - USB-C rechargeable, rain resistant headlamp. 380 Lumens, perfect for lightweight adventures or as a reliable backup. Find out more at [petzl.com](https://www.petzl.com)

General Summary for Saturday, 22 August, 2026



British Mountain Summary:

Based on forecast chart for noon 22 August, 2026

Cloud clings to northwest Scotland slopes, a little drizzle. Cloud clears most other Munros, varied banks over highest summits. Rare showers in England but most hills dry, morning cloud lifting off summits with patchy sunshine. Early showers in north and west Wales will clear for patchy sun as well.

Headline for West Highlands

Cloud lifts off many summits; lingering in Lochaber

Detailed Forecast for Saturday, 22 August, 2026

How windy? (On the Munros)	Northwesterly 10-20mph; gusty, notably in the morning and speeds will vary somewhat.
Effect of wind on you?	Fairly small, though gusts will affect ease of walking on high exposed tops at times.
How wet? (Precipitation and its impact)	Some drizzle, rare light rain, many hills entirely dry Fine drizzle affects high terrain west of Loch Linnhe on-and-off. Rare spots of light rain will drift onto the coast as well, towards Mull too. Otherwise, substantially dry.
Cloud on the hills?	Mostly northern hill groups Cloud at varied heights at dawn, most extensive Mull northward. Lifting, towards summits Glencoe and southward, off many summits afternoon, variably capping high tops. Lochaber more often covered above 900-1000m, some breaks, but variably lowering towards 700m or lower as well.
Chance of cloud free Munros?	60% towards central highlands, 30% Lochaber
Sunshine? Air clarity (below cloud)	Patchy cloud and sun, a sunnier start to the south and east. Very good visibility out of cloud; more often poor on high Lochaber slopes.
How Cold? (at 900m)	5 to 7C rising slightly, locally up to 9C well-inland; only small drop into night.
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Sunday 23 August	Monday 24 August
How windy? (On the Munros) Effect of wind on you?	West-southwesterly 10-20mph, strongest speeds north and gusting stronger over high tops. Fairly small, but some nuisance gusts over northern summits.	Southerly 10mph much of the day, a slight southeasterly shift and tending to rise to 15mph near the coast. Small.
How wet? (Precipitation and its impact)	A little drizzle Drizzly on high terrain near the coast, may reach towards lower slopes just around dawn. Drizzle fades, lingering near and west of Loch Linnhe, but increasingly widely dry.	No rain expected
Cloud on the hills? Chance of cloud free Munros?	Extensive, some improvement south/inland Most hills shrouded to middle slopes at dawn, patchy lower banks, extensive to low slopes along the west coast. Bases rise, few breaks above 700m along the coast, higher inland; some summits from Ben Lomond to Bridge of Orchy may see a few fleeting breaks. 30%	Minimal cloud, largely clearing Banks of cloud at varied heights to start, mostly low slopes and into glens. Lifting, to break off most summits, may be slow to clear above 1100-1200m, or lower Mull towards the south islands, but ultimately clearing here too. 70%
Sunshine? Air clarity (below cloud)	Sunny glimpses appearing in the south, more often cloudy to the north, often dull along the coast with poor visibility on high terrain.	Mostly sunny, a little high cloud around, and afternoon fair weather cloud. Very good visibility, a little haze towards the Central Belt.
How Cold? (at 900m) Freezing Level	7C, rising slightly well-inland, locally to 9C. Above the summits.	7C rising to 10 or 11C. Above the summits.

Planning Outlook

All mountain areas of Britain from Sunday, 23 August, 2026

A core of high pressure drifts over the country on Sunday, bringing light and varied wind, dry weather, and minimal hill cloud fairly widely. Northwest Scotland will see a westerly breeze with a little drizzle and lingering hill cloud. It will feel warm in England and Wales in the sunshine, but fair weather cloud will tend to build in the afternoon. Monday is settled too, but high pressure slips away to the northwest, facilitating a southeasterly wind into Wales, later more widely. Tuesday sees a return of low pressure from the south: temperatures will rise and patchy rain will increasingly spread northward with some local stronger wind. Conditions likely continue to unsettle as next weekend approaches with bands of heavy rain forming, varied conditions continuing through the weekend, and likely staying warm and somewhat humid.

Forecast issued at 15:55 on Friday, 21 August, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.