

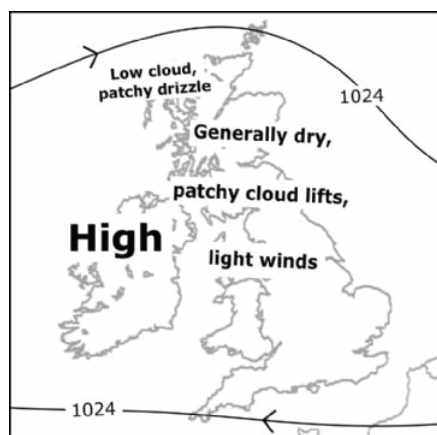
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



New SWIFT LT - Ultra-compact, featherweight lighting - USB-C rechargeable, rain resistant headlamp. 380 Lumens, perfect for lightweight adventures or as a reliable backup. Find out more at petzl.com

General Summary for Sunday, 23 August, 2026



British Mountain Summary:

Based on forecast chart for noon 23 August, 2026

A fine day for most places with light winds. Patchy cloud around some hill slopes early in the day will lift to leave many summits clear, but cloud banks are likely to persist on west coastal tops in Scotland, a little drizzle here in the morning, breezier too in the far northwest.

Headline for West Highlands

Low cloud tends to lift, rare drizzle.

Detailed Forecast for Sunday, 23 August, 2026

How windy? (On the Munros)	Westerly 5 to 15mph, strongest over tops in north Lochaber in the morning.
Effect of wind on you?	Small.
How wet? (Precipitation and its impact)	A little drizzle mostly coast Drizzly patches near the coast, most common near and north of Mull early in the day, tending to fade. Areas well inland largely dry all day.
Cloud on the hills?	Rising higher and some breaks forming Cloud banks in the morning covering many tops in Lochaber and near coasts elsewhere above 800m, some lower patches for a time. Bases tending to rise during day mostly above 1000m and breaks forming toward tops best inland.
Chance of cloud free Munros?	30% rising to 60%
Sunshine? Air clarity (below cloud)	Fairly cloudy, some patchy sun early in the day toward central highlands, then later afternoon some sun develops near coast. Visibility very good out of cloud.
How Cold? (at 900m)	7C rising to 9C, but staying slightly cooler toward Mull.
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Monday 24 August	Tuesday 25 August
How windy? (On the Munros) Effect of wind on you?	Southerly 10mph much of the day, a slight southeasterly shift and tending to rise to 20mph near the coast and on islands. Mostly small, becoming breezier over coastal mountains with time.	Easterly 15 to 25mph, strongest toward south. Fairly small, but feeling breezier and gustier over more southern mountains.
How wet? (Precipitation and its impact)	No rain expected	Little or no rain A little drizzle possible at times mainly eastern Loch Lomond NP.
Cloud on the hills? Chance of cloud free Munros?	Minimal cloud, largely clearing Banks of cloud at varied heights to start, mostly low slopes and into glens. Lifting, to break off most summits, may be slow to clear above 1100-1200m, or lower Mull towards the south islands, but ultimately clearing here too. 70%	Mostly in morning inland and south Varied cloud banks from some lower slopes upward in the morning, mainly more inland and southern areas, some higher slopes at least briefly above cloud, but tending to drift higher up then disperse. 80% northwest, 50% inland/south.
Sunshine? Air clarity (below cloud)	Mostly sunny, a little high cloud around, and afternoon fair weather cloud. Very good visibility, a little haze towards the Central Belt.	Mostly sunny west, some thin high cloud. Loch Lomond to central highlands may be cloudier especially morning. Visibility excellent.
How Cold? (at 900m) Freezing Level	7C rising to 10 or 11C. Above the summits.	8C rising to 10 to 12C, coolest east of Loch Lomond. Above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 24 August, 2026

A fine start to the week with high pressure nearby, but easterly breezes will tend to strengthen. Most places dry through Monday and Tuesday, but generally deteriorating from the south into midweek as low pressure moves in from the south, patchy rain will increasingly spread northward with some local stronger wind. Broadly unsettled as next weekend approaches with bands of heavy rain forming mixed with showery bursts at times, but fairly warm and somewhat humid. Wind speed and direction likely to vary considerably day-to-day.

Forecast issued at 16:00 on Saturday, 22 August, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.