

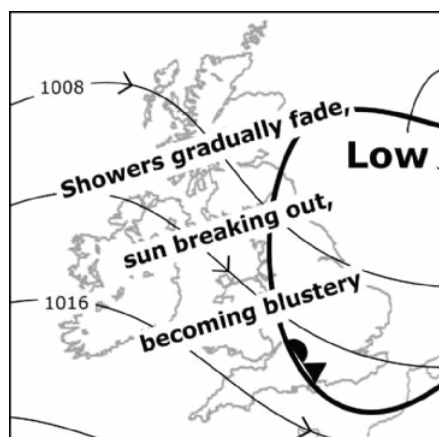
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 31 August, 2026



British Mountain Summary:

Based on forecast chart for noon 31 August, 2026

Showers scattered across most hills through morning, locally clustering for frequent falls with heavy bursts. Showers gradually clear eastward, spotty light rain fades out with time as sunny bursts break out (though weakened by high cloud). Cool-to-mild, but feeling chilly in a strengthening wind.

Headline for West Highlands

Scattered showers gradually fade; becoming windy

Detailed Forecast for Monday, 31 August, 2026

How windy? (On the Munros)	Westerly 15-25mph early morning, strongest south, but widely increasing to 30mph by middle of day, strongest gusts to 40mph.
Effect of wind on you?	Fairly small to start, but increasingly blustery affecting ease of walking, soonest in south and becoming strenuous more widely in exposure with marked wind chill.
How wet? (Precipitation and its impact)	Rain on and off, fading with time west Showery rain through morning, some drier moments mainly well inland early morning, then some heavier bursts move well inland briefly. Becoming widely drier afternoon, just some spotty light rain. Patchy rain returns from west into night.
Cloud on the hills?	Lowest morning, lifting towards tops Fairly widespread to low elevations early in day, the base tending to rise towards 700-800m near the coast, higher inland, and increasingly breaking up with time. Breaks will form to inland summits, and later towards the coast, but with caps often grazing the high tops.
Chance of cloud free Munros?	Rising to 40%
Sunshine? Air clarity (below cloud)	Largely cloudy, glimpses of sun breaking out, locally more frequent sun near coast during afternoon though some high cloud will move in from the west. Visibility very good away from showers, some coastal haze.
How Cold? (at 900m)	8C tending to lower during day to 6C. Feeling near then just below freezing as wind increases.
Freezing Level	Above the summits.

All mountain areas of Britain from Tuesday, 1 September, 2026

A generally unsettled outlook during the first two weeks of September with frequent rain and strong winds. Low pressure dominates and a series of frontal systems move in from the Atlantic. West to southwesterlies, often gale force over the mountains in the second half of this coming week. Heavy rain most prolonged in the west where increasingly wet underfoot, streams rising to be in spate. Low cloud often covering the hills, rarely clearing western summits. Temperatures varying, some notably cooler days for Scotland, at times more humid air mainly toward the south. A few brighter windows will break out, mostly south and eastern areas, but always brief and any detail on timing remains uncertain.

Forecast issued at 16:32 on Sunday, 30 August, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.