

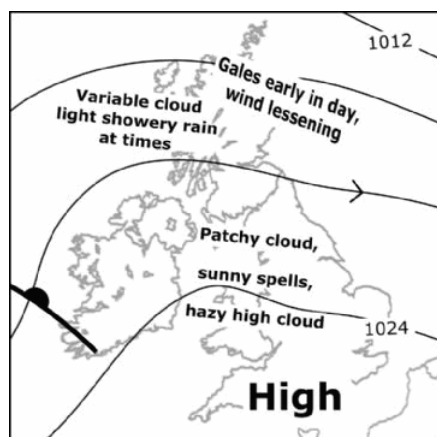
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Saturday, 5 September, 2026



British Mountain Summary:

Based on forecast chart for noon 5 September, 2026

Brisk and chilly westerly winds in the morning, starting gale-force on high tops in Scotland, but lowering speeds. A little light rain, brief showers mainly western Scotland with varied cloud on tops. Often dry with cloud breaks to tops for eastern Highlands, England and Wales, some sun and hazy high cloud.

Headline for West Highlands

Windy start, briefly gales, lessening, occasional light showers.

Detailed Forecast for Saturday, 5 September, 2026

How windy? (On the Munros)	Westerly 40 to 50mph at dawn with briefly stronger gusts Ben Nevis group. Easing during morning to 25-30mph, nearer 20mph afternoon. Turning southwesterly and increasing again a little to 30mph by dusk. Rising into night to 50-60mph.
Effect of wind on you?	Blustery and chilly start, more challenging for an hour or so around dawn with considerable wind chill. Lessening to be fairly small into afternoon. Deteriorating significantly into night.
How wet? (Precipitation and its impact)	A few showers, local drizzle; rain into night Showers mostly coastal mountains early in the day tending drift inland but becoming well scattered and light. In afternoon, some drizzly rain may return over an hour or so mainly near Mull into Lochaber. From dusk into night, rain developing from southwest, some sustained heavier falls with time into night.
Cloud on the hills?	Lifting, breaks to some tops Cloud banks drift over hills above 800-1000m in the morning, lowest further west. Base rising mostly above 1000m by middle of day, but patches come and go into afternoon on higher tops and near coast, lowering again briefly if rain occurs.
Chance of cloud free Munros?	30% rising to 60% inland and south
Sunshine? Air clarity (below cloud)	Brief glimpses of sun inland, high cloud tending to build from south later. Visibility very good inland, slight coastal haze in west.
How Cold? (at 900m)	6C rising to 8C afternoon, little change or rising a degree or so higher into night. Feeling like -5C in the early wind, colder at first on highest tops; then +2C afternoon.
Freezing Level	Above the summits.

All mountain areas of Britain from Sunday, 6 September, 2026

Generally unsettled onward into next week with spells of rain and showers moving in from the Atlantic , accompanied by frequently strong to gale force mountain winds. Temperatures will vary, mildest toward the south, but cooler air moves in from the north at times bringing higher Scottish tops occasionally close to freezing point. Indications favour improving weather patterns during mid-month as high pressure builds from the south.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.