

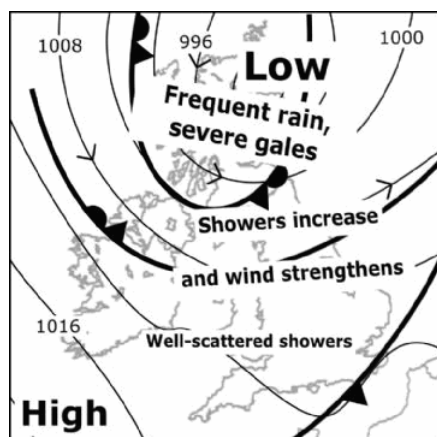
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



New SWIFT LT - Ultra-compact, featherweight lighting - USB-C rechargeable, rain resistant headlamp. 380 Lumens, perfect for lightweight adventures or as a reliable backup. Find out more at petzl.com

General Summary for Tuesday, 8 September, 2026



British Mountain Summary:

Based on forecast chart for noon 8 September, 2026

Frequent rain and severe gales over Scottish Highlands, easing from west later; feeling cold. Strong wind with showers and sun breaks in south Scotland and England, showers increasingly frequent from north, extended falls forming. Showers scattered in Wales, least rain south with lighter wind.

Headline for West Highlands

Frequent rain and severe gales; only later starting to ease

Detailed Forecast for Tuesday, 8 September, 2026

How windy? (On the Munros)	Westerly 50-60mph, may approach 70mph at times over highest tops. Trending northwesterly afternoon, beginning to ease, finishing near 40mph and further easing into night.
Effect of wind on you?	Difficult conditions well into the day: you will struggle to stay on your feet with buffeting gusts knocking you around even while crouching; significant wind chill. Effects will ease, but strenuous conditions until at least nighttime.
How wet? (Precipitation and its impact)	Rain rarely breaking until later Pulses of persistent rain spill over the Munros from the north and west, heavy bursts with hail, and a mix of sleet and rain on highest summits, and likely setting in persistently from midday. Later, breaking back into showers, scattering into night.
Cloud on the hills?	Fairly extensive Several periods of blanket cloud shrouding all hills from 600m upward, lower bases during heaviest rain. Some windows of higher bases, breaks locally towards 800-900m south and eastern hills, mostly in the morning, but returning lower in showers. Beginning to break up somewhat later, most notably south/west.
Chance of cloud free Munros?	10%
Sunshine? Air clarity (below cloud)	Patchy bright glimpses, mostly overcast and dull afternoon, particularly well-inland. Largely poor visibility, hazy towards west coast.
How Cold? (at 900m)	5 or 6C. Feeling like -7 to -10C in direct wind.
Freezing Level	Just above the highest summits.

All mountain areas of Britain from Wednesday, 9 September, 2026

Weather remains varied from the weekend into next week, Scotland most often unsettled, best windows of improvement to the south. A more settled period is indicated in the later month with warm temperatures.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.