

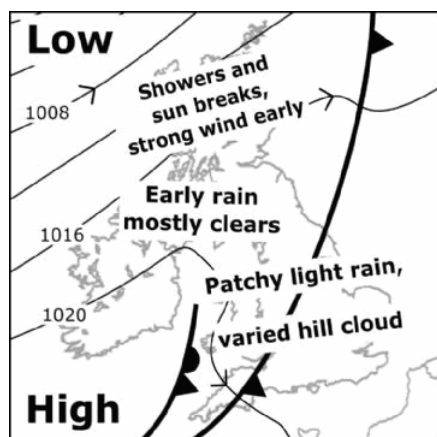
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 25 September, 2026



British Mountain Summary:

Based on forecast chart for noon 25 September, 2026

Windy in Scotland, showers west, only scattered eastward where often sunny; wind lessens for a time afternoon. Patchy rain England and Wales, tending to break up in north England later. Rain and cloud linger in Wales and south Pennines but rainfall totals small; mild-to-warm, little wind in Wales.

Headline for West Highlands

Scattered showers, patchy sun; cool, windy in exposure

Detailed Forecast for Friday, 25 September, 2026

How windy? (On the Munros)	Southwesterly 25 to 40mph, at times gusts 50mph around high Ben Nevis group and north Lochaber. Will lessen somewhat afternoon, then restrengthen into evening.
Effect of wind on you?	Strenuous walking, more frequent buffeting north tops, moderating a little in south; considerable wind chill.
How wet? (Precipitation and its impact)	Showers Rain most frequent on coastal mountains and islands from Jura to Mull; likely to come and go over many western hills, some heavier showers afternoon. Showers more scattered well-inland.
Cloud on the hills?	Varied, high tops often covered, but a few high breaks Often in cloud above 700 to 900m west coastal mountains and islands, but more often above 900-1000m well inland with some breaks higher up, best north of Rannoch Moor to Creag Meagaidh.
Chance of cloud free Munros?	30%, to 50% northeast Lochaber
Sunshine? Air clarity (below cloud)	A patchwork of cloud and sun, more often sunny inland and on lower slopes; some high cloud around in the morning. Fairly hazy coastal areas and reduced in rain, but better visibility where dry inland.
How Cold? (at 900m)	6C, little change all day. Feeling like -3 to -6C in the wind.
Freezing Level	Above the summits.

All mountain areas of Britain from Saturday, 26 September, 2026

South to southwesterly winds prevail onward into the weekend and next week. Saturday will be bright for many, windy in Scotland with some showers in the west. Mild-to-warm temperatures, but a chilly feeling north in wind. A band of rain sweeps eastward more broadly on Sunday; rain could be very heavy for a few afternoon hours. A window of higher pressure is indicated for Monday with warmer, brighter conditions for many, but northwest Scotland starts breezy with cloud and some light rain. Into mid-next week, risk of a more widespread gale, or severe gale over higher mountains. Detail of timing is uncertain, but several bands of rain punctuated by showers and bright spells will likely cross most mountain areas. Unseasonably warm temperatures. The weather stays mixed into early October.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.