

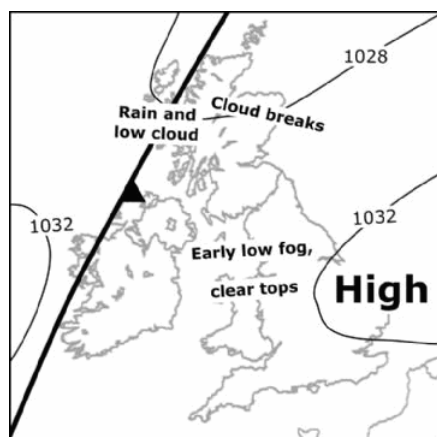
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



MWIS Mountain Skills and Weather - 24-25th October - Plas Y Brenin, Snowdonia
Indoor-outdoor skills course - introduction to mountaineering and understanding the weather

General Summary for Saturday, 31 October, 2026



British Mountain Summary:

Based on forecast chart for noon 31 October, 2026

Rain and low cloud affects the northwestern Highlands much of the day, plus blustery winds on some high terrain. Drier further inland/east in Scotland, best cloud breaks N/E of Cairngorms. England and Wales dry with light winds; morning fog on low ground, but the hills sunny above an inversion.

Headline for West Highlands

Breezy, rain most persistent west; low cloud, higher base north.

Detailed Forecast for Saturday, 31 October, 2026

How windy? (On the Munros)	South to southwesterly 20 to 25mph, to locally gusts 30mph for a few hours mainly Ben Nevis range and near Mull.
Effect of wind on you?	Fairly small, but more noticeably blustery and affecting comfortable walking for periods locally; marked chill.
How wet? (Precipitation and its impact)	Rain and drizzle mostly west, drier inland and south until later Rain mostly confined to areas west of Loch Linnhe where fairly persistent all day, tending to encroach further inland/east late in the day. Otherwise, some drizzle and brief light rain, but very little north of Rannoch Moor and east of Loch Lomond until later afternoon.
Cloud on the hills?	Lowest near coasts, some breaks inland Cloud shrouds nearly all summits all day, the highest cloud base at 700 to 1000m will be northward across Lochaber. Elsewhere, cloud lower, forming to lowest slopes west of Loch Linnhe, Jura and near Clyde sea lochs.
Chance of cloud free Munros?	10% coastal areas, 20% well inland mainly northeast of Ben Nevis group.
Sunshine? Air clarity (below cloud)	Sunshine not expected and visibility often poor due to rain in west, some better visibility below cloud well inland.
How Cold? (at 900m)	8C. Feeling like 0C in the wind.
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Sunday 1 November	Monday 2 November
How windy? (On the Munros) Effect of wind on you?	North to northwesterly 10 to 15mph or less, locally 20mph coastal areas Jura to Arran in morning. Mostly small.	Northerly 10 to 15mph, occasional 20mph Ben Nevis group eastward. Mostly small.
How wet? (Precipitation and its impact)	Dry all day	Rain not expected
Cloud on the hills? Chance of cloud free Munros?	Low-level fog, some patchy cloud Fog in glens and some lower hill slopes early in day, patchy cloud may drift upslope locally, but mostly dispersing. Some cloud may cap higher slopes near coast/islands. 70%	Varied on some slopes Patchy cloud banks around some upper slopes, but higher summits may poke out above cloud. Also some fog in glens. Hills generally clearer southwards. 60%
Sunshine? Air clarity (below cloud)	Sunshine and patchy cloud. Visibility very good, some early fog in glens.	Patchwork of sun, best toward south. Visibility very good, some haze lower down or fog patches in morning.
How Cold? (at 900m) Freezing Level	1 or 2C, small variation with height from glens up early morning, or all day above about 700m. Some higher slopes close to freezing, plus patchy frost in some inland glens early morning.	1 to 3C, little change higher up on Munros. Above the summits, but patchy frost inland glens at first, also some sheltered higher slopes and corries.

Planning Outlook

All mountain areas of Britain from Sunday, 1 November, 2026

High pressure centred over Scotland will persist during early November bringing settled conditions. Generally dry weather, but some areas of misty dampness and regular fog on low ground, some cloud banks on hills but also inversion conditions on high tops, particularly Scotland. Overnight frost in glens will be common, plus some frost pockets for sheltered high terrain, whilst many summits will stay often just above freezing point. Light winds for several days into next week for Scotland, but stronger easterlies are likely for England and particularly Wales which would push cloud banks higher up here during the week ahead.

Forecast issued at 16:00 on Friday, 30 October, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.