

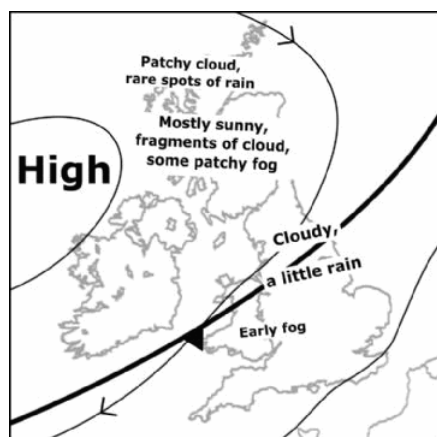
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



MWIS Mountain Skills and Weather - 24-25th October - Plas Y Brenin, Snowdonia
Indoor-outdoor skills course - introduction to mountaineering and understanding the weather

General Summary for Sunday, 1 November, 2026



British Mountain Summary:

Based on forecast chart for noon 1 November, 2026

A fine day for the Highlands, with sunshine and just patchy cloud around some tops. One or two light showers in northern areas. A weakening front drifts south over England & Wales giving cloudy skies and a little rain for a time, mainly more eastern hills. Light-moderate winds overall, but feeling chilly.

Headline for West Highlands

Generally dry, sunshine and patchy cloud; mostly light wind.

Detailed Forecast for Sunday, 1 November, 2026

How windy? (On the Munros)	North to northwesterly 10 to 15mph, locally 20mph in the morning, or much of day coastal areas Jura to Arran.
Effect of wind on you?	Mostly small, but feeling chilly in exposure on high terrain.
How wet? (Precipitation and its impact)	Generally dry Chance of a brief light shower mainly in coastal areas early in the day.
Cloud on the hills?	Varied patchy fog and cloud, but often clear for many hills Local fog in glens from dawn, clearing. Patchy cloud around some mid and upper slopes mainly toward west, perhaps further into Lochaber. Tops above 1100-1200m may poke above the patches. Many hills frequently clear.
Chance of cloud free Munros?	70%
Sunshine? Air clarity (below cloud)	Sunshine and patchy cloud. Visibility very good.
How Cold? (at 900m)	2 to 4C, mildest south early in day; small variation with height from glens up early morning, or all day above about 700m.
Freezing Level	Some highest slopes close to freezing all day, mainly around Ben Nevis, plus patchy frost in some inland glens early morning.

West Highlands - Looking Ahead

	Monday 2 November	Tuesday 3 November
How windy? (On the Munros) Effect of wind on you?	Northerly 10 to 15mph, occasional 20mph Ben Nevis group eastward. Mostly small.	Easterly 10 to 15mph, locally 20mph Arran and southernmost hills in Loch Lomond NP, some gustier slopes possible. Mostly small.
How wet? (Precipitation and its impact)	Rain not expected	Rain unlikely Chance of a little drizzle near Loch Lomond to Arran.
Cloud on the hills? Chance of cloud free Munros?	Varied on some slopes Patchy cloud banks around some upper slopes, but higher summits may poke out above cloud. Also some fog in glens. Hills generally clearer southwards. 60%	Varied banks, clearer west Patchy cloud banks clinging around some upper slopes, but highest tops may poke out just above the cloud. Some western mountains generally clear. 60%
Sunshine? Air clarity (below cloud)	Patchwork of sun, best toward south. Visibility very good, some haze lower down or fog patches in morning.	Sunshine best near to western coasts, but southern areas may be cloudier. Visibility very good.
How Cold? (at 900m) Freezing Level	1 to 3C, little change higher up on Munros. Above the summits, but patchy frost inland glens at first, also some sheltered higher slopes and corries.	4 or 5C, little change with added height; some lower terrain starts colder. Above the summits, but pockets of frost both higher and lower slopes at dawn.

Planning Outlook

All mountain areas of Britain from Monday, 2 November, 2026

A settled start to November as high pressure resides toward the north. Largely dry weather throughout the week ahead. Variable cloud will be drawn in from the North Sea on easterly winds, at times some light showers mainly for Pennine areas. Best chance for inversion conditions will be on higher tops in Scotland, emerging above cloud at times. Sunshine typically best toward western coasts. Temperatures mostly above freezing on high terrain, but some frost overnight in glens and some upland hollows. Quiet weather may continue into next weekend, then a trend toward more unsettled conditions into mid-month, possibly colder patterns too.

Forecast issued at 16:00 on Saturday, 31 October, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.