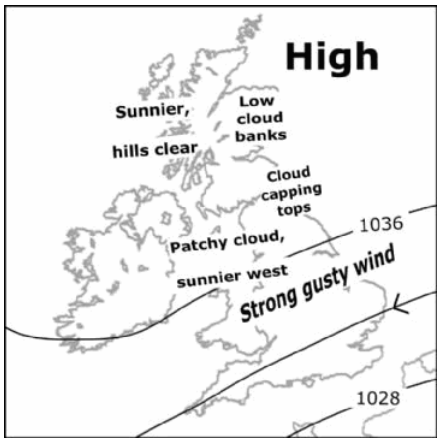
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.

MWIS Mountain Skills and Weather - 24-25th October - Plas Y Brenin, Snowdonia
Indoor-outdoor skills course - introduction to mountaineering and understanding the weather

## General Summary for Tuesday, 3 November, 2026




**British Mountain Summary:**
**Based on forecast chart for noon 3 November, 2026**

Cloudy most mountains areas, the cloud extensively shrouding higher slopes particularly eastern mountains morning. Fairly sunny S & W Wales. Local spots of light rain. Light wind northern Scotland, easterly winds elsewhere, stronger over England & Wales.

**Headline for West Highlands**

Sunshine west, patchy cloud;
mostly light wind.

## Detailed Forecast for Tuesday, 3 November, 2026

| | |
|---|---|
| **How windy? (On the Munros)**<br><br>**Effect of wind on you?** | Southeasterly 10mph or less much of Lochaber, to more often 10-15mph coastal areas, at times 20mph on and near Arran.<br><br>**Mostly small.** |
| **How wet?**<br>(Precipitation and its impact) | **Rain unlikely**<br>Chance of a little drizzle near Loch Lomond to Arran. |
| **Cloud on the hills?**<br><br>**Chance of cloud free Munros?** | **Varied banks, clearer west**<br>Varied cloud base, patches as low as 450m later 650m central highlands. Otherwise mostly 600 to 1200m, highest on western hills, where tin Lochaber, cloud sometimes clearing completely.<br><br>**40%, to 80% west of Loch Linnhe** |
| **Sunshine?**<br>Air clarity (below cloud) | Sunshine possible near to western coast of Lochaber; elsewhere cloudy.<br><br>Visibility excellent. |
| **How Cold? (at 900m)**<br><br>**Freezing Level** | 4 or 5C, little change with added height; some lower terrain starts colder.<br><br>Above the summits, but pockets of frost both higher and lower slopes at dawn. |

**West Highlands - Looking Ahead**

| | Wednesday 4 November | Thursday 5 November |
|---|---|---|
| **How windy? (On the Munros)** | Southeasterly 10 to 15mph, or less in Lochaber; local gustier 20mph around Arran and Loch Lomond. | East to southeasterly 15 to 25mph, strongest toward south, perhaps 30mph around Arran and Clyde sea lochs. |
| **Effect of wind on you?** | **Mostly small.** | **Fairly small in Lochaber, but may start to affect comfortable walking over more southern mountains.** |
| **How wet?** (Precipitation and its impact) | **Rain not expected most places**<br>Odd spots in the wind may occur around cloud near Loch Lomond and Arran. | **Rain unlikely most places**<br>Chance of odd spots of light rain Loch Lomond NP. |
| **Cloud on the hills?** | **Little west, local patches, fog south**<br>Low level fog most widely near the central lowlands in morning. Patchy cloud drifting onto some slopes, mostly areas inland plus around Loch Lomond to Arran; some highest summits just above the patches. Very little cloud much of the west coast and Lochaber. | **Some cloud banks, clearer west**<br>Mountains west of Loch Linnhe and Glen Etive often free of cloud. Patchy cloud around some slopes inland and mainly southern areas, base around 800m, whilst highest tops poke just above the cloud. |
| **Chance of cloud free Munros?** | **70%** | **70%** |
| **Sunshine?** Air clarity (below cloud) | Sunniest toward west Lochaber, patchy cloud inland and south.<br>Visibility very good west, but some glens and especially southern areas foggy. | Sunshine best around toward and west of Loch Linnhe.<br>Visibility excellent out of cloud. |
| **How Cold? (at 900m)** | 2 or 3C. | 2C, up to 4C more western tops. |
| **Freezing Level** | Above the summits, but frost in morning in some glens and upland hollows. | Close to freezing point on higher tops; frost early in day in sheltered spots both higher and lower slopes. |

## Planning Outlook

**All mountain areas of Britain from Wednesday, 4 November, 2026**

High pressure persists toward the north this week, maintaining quiet weather conditions. Easterly winds prevail, strongest during midweek over England & Wales, tending to lessen toward the weekend; wind often lighter and variable toward northern Scotland. Largely dry, local light showers or drizzle mostly in the east. Variable amounts of cloud covering hills, some higher Scottish tops emerging above an inversion at times. Sunnier and clearer near to western coasts. Generally just above freezing over the mountains, but local pockets of frost in shelter and in glens; toward the weekend, high Scottish tops dip just below freezing.

**Forecast issued at 8:36 on Tuesday, 3 November, 2026**

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.