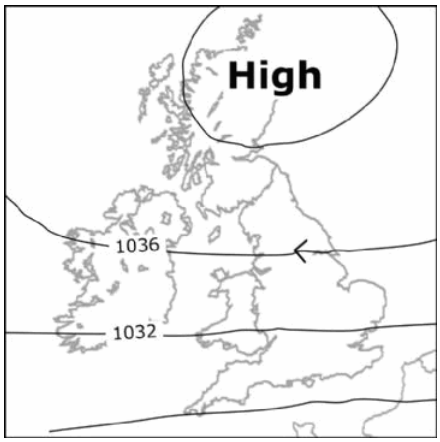
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.

MWIS Mountain Skills and Weather - 24-25th October - Plas Y Brenin, Snowdonia
Indoor-outdoor skills course - introduction to mountaineering and understanding the weather

General Summary for Wednesday, 4 November, 2026



British Mountain Summary:
Based on forecast chart for noon 4 November, 2026

High pressure will remain centred near N Scotland. Areas of cloud, and here and there (mainly N England) a little rain will circulate around the high - sometimes the top of the cloud below higher summits in Scotland. Gusty winds Wales, progressively light wind north into Scotland.

Headline for West Highlands

Increasingly sunny; locally gusty wind near Clyde sea lochs.

Detailed Forecast for Wednesday, 4 November, 2026

How windy? (On the Munros)	Easterly 10 to locally 15mph Lochaber; elsewhere 15 or locally 20 mph Arran and near Loch Lomond.
Effect of wind on you?	**Small.**
How wet? (Precipitation and its impact)	**Rain not expected**
Cloud on the hills?	**Probably extensively shrouding higher mountains morning, tending to clear.** Patches, or in some areas extensive cloud morning, persistent on some higher slopes (above about 700m) and here and there pockets of fog lower slopes. Most or perhaps all will gradually clear through the day.
Chance of cloud free Munros?	**30% rising to 70% by mid afternoon**
Sunshine? Air clarity (below cloud)	Bright sunshine some areas all day, in others increasingly sunny as cloud clears. Patchy fog increasingly clearing, otherwise superb visibility; hazy near Clyde sea lochs.
How Cold? (at 900m)	2 or 3C.
Freezing Level	Above the summits, but ground frozen some high summits and frost at first some lowland and upland valleys.

West Highlands - Looking Ahead

	Thursday 5 November	Friday 6 November
How windy? (On the Munros)	East to southeasterly 15 to 25mph, strongest toward south, but 30mph Arran and perhaps summits near Clyde sea	Easterly, 10 to perhaps 15mph (strongest near central belt).
Effect of wind on you?	**Fairly small in Lochaber, but may start to affect comfortable walking over more southern mountains.**	**Negligible**
How wet? (Precipitation and its impact)	**Rain unlikely most places** Chance of odd spots of light rain Loch Lomond NP.	**Little or no rain.** Particularly Loch Lomond NP, chance 'damp' as light or very light rain falls for perhaps an hour or two. Probably dry Lochaber.
Cloud on the hills?	**Some cloud banks, clearer west** Mountains west of Loch Linnhe and Glen Etive often free of cloud. Patchy cloud around some slopes inland and mainly southern areas, base around 800m, whilst highest tops poke just above the cloud.	**Extensive** Confidence low (as low cloud drifts only slowly and the height of the top of the cloud also changes). Broadly, cloud base typically 500 to 800m with the top 1100m or above. But particularly Loch Lomond NP and Arran, areas of cloud may be below 450m.
Chance of cloud free Munros?	**70%**	**20% (in places with fog below)**
Sunshine? Air clarity (below cloud)	Sunshine best around toward and west of Loch Linnhe. May be cloudy toward central highlands. Visibility excellent.	Overall extensive or particularly Loch Lomond NP, persistent cloud. Probably sunny some areas - best chance Lochaber. The air very clear; haze some lower slopes.
How Cold? (at 900m)	2C, up to 4C more western tops.	2C
Freezing Level	Close to freezing point on higher tops; frost early in day in sheltered spots both higher and lower slopes.	Above the summits - frost some valleys overnight and perhaps ground frozen higher tops.

Planning Outlook

All mountain areas of Britain from Thursday, 5 November, 2026

High pressure will be the main influence through the next week, particularly in Scotland where extensively dry and wind often light. Over England and Wales, the weekend may be 'disappointing' as after a little rain, low cloud and mist may well predominate under light wind. Nevertheless some mountains may clear.

Forecast issued at 12:20 on Tuesday, 3 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.