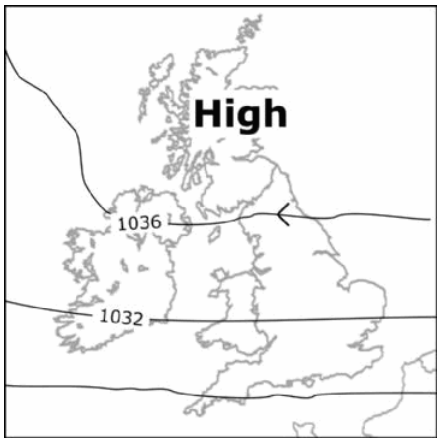
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.

If you love Scotland's mountains, join Mountaineering Scotland
www.mountaineering.scot #ThinkWINTER

General Summary for Thursday, 5 November, 2026



British Mountain Summary:
Based on forecast chart for noon 5 November, 2026

Extensive fog due to low cloud and patches of drizzle, but dry most western mountains where cloud base highest. Little wind N Scotland, but from near the central belt of Scotland southwards, blustery higher slopes, and in places very gusty west of major ridges.

Headline for West Highlands

A little drizzle, mainly near central belt, where blustery.

Detailed Forecast for Thursday, 5 November, 2026

How windy? (On the Munros)	Easterly 20 to 30mph, strongest Loch Lomond NP, particularly Trossachs to hills near Clyde sea lochs where sometimes 35 or perhaps 40mph.
Effect of wind on you?	**Small, though locally near the coast sudden gusts may impact balance.**
How wet? (Precipitation and its impact)	**Little or no rain** Risk of a few patches of drizzle Loch Lomond NP, mainly east of Loch Lomond and Crianlarich and Arran.
Cloud on the hills?	**Very extensive, though sometimes clearing some western areas** Persistent fog above 600-800m, but from the Trossachs to hills near Clyde sea lochs patches at 300m, particularly morning. Areas above 1050m may be above the cloud. The cloud sheet may extensively or intermittently break up toward and west of Loch Linnhe.
Chance of cloud free Munros?	**30% - but fog many lower slopes**
Sunshine? Air clarity (below cloud)	Extensively cloudy, but perhaps bright sunshine toward the coast in Lochaber. Visibility excellent, though a haze near central belt.
How Cold? (at 900m)	2C to 4C, warmest near and west of Loch Linnhe. In the wind near central belt will feel as cold as minus 6C.
Freezing Level	Above the summits, but frost at dawn some valleys and in places ground frozen on highest tops.

West Highlands - Looking Ahead

	Friday 6 November	Saturday 7 November
How windy? (On the Munros)	Easterly, 10 to perhaps 15mph (strongest near central belt).	Direction varied, 10mph or less, perhaps easterly 15 or 20mph near central belt.
Effect of wind on you?	**Negligible**	**Mostly negligible**
How wet? (Precipitation and its impact)	**Little or no rain.** Particularly Loch Lomond NP, intermittently 'damp' as light or very light rain falls for intermittently. Mostly or completely dry Lochaber.	**Risk drizzle, most likely near central belt** Risk isolated fine drizzle, although the drizzle may come and go for periods eastern an southern Loch Lomond NP.
Cloud on the hills?	**Extensive** Confidence low (as low cloud drifts only slowly and the height of the top of the cloud also changes). Broadly, cloud base typically 500 to 800m with the top 1100m or above. But particularly Loch Lomond NP and Arran, areas of cloud may be below 450m.	**Probably very persistent, but Lochaber may be largely fog free** Confidence in detail low: Extensive slowly drifting low cloud will affect much of region between 200-400m and around 700 to 900m - higher areas above cloud. The cloud is least likely to reach Lochaber.
Chance of cloud free Munros?	**20% (in places with fog lower slopes)**	**50% - fog many lower slopes.**
Sunshine? Air clarity (below cloud)	Overall extensive or particularly Loch Lomond NP, persistent cloud. Probably sunny some areas - best chance Lochaber. The air very clear; haze some lower slopes.	Areas of bright sunshine and excellent or superb visibility most likely Lochaber. Otherwise cloudy.
How Cold? (at 900m)	2C	2C
Freezing Level	Above the summits - frost some valleys overnight and perhaps ground frozen higher tops.	Above the summits - but some particularly higher terrain frozen after a frost.

Planning Outlook

All mountain areas of Britain from Friday, 6 November, 2026

High pressure will continue to be the main influence through the next week, particularly W & NW Highlands where extensively dry and wind often light. However, generally fog and low cloud may well never clear most mountains under the light wind. There will also be patches of drizzly rain, although total rainfall small.

Forecast issued at 12:15 on Wednesday, 4 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.