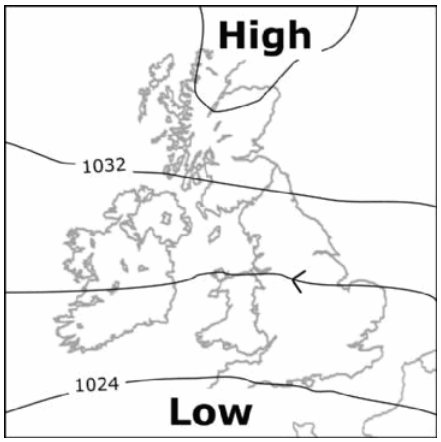
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.

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General Summary for Friday, 6 November, 2026



British Mountain Summary:
Based on forecast chart for noon 6 November, 2026

Fairly light wind and scattered patches of light rain, amounting to little in total. Cloud base will vary, extensive on higher mountains, but lower down some slopes cloud free, whilst sometimes adjacent slopes remain foggy (or even between cloud layers) - with changes occurring only slowly.

Headline for West Highlands

Blustery near central belt. Extensive fog. A little rain.

Detailed Forecast for Friday, 6 November, 2026

How windy? (On the Munros)	Easterly, 15 to near central belt 15 to locally 20mph Arran and near Clyde sea lochs. Will ease through day.
Effect of wind on you?	**Small**
How wet? (Precipitation and its impact)	**Light rain now and again, mainly central highlands and Loch Lomond NP.** Particularly Loch Lomond NP, 'damp' from time to time as light or very light rain falls intermittently. Mostly or completely dry Mull, Jura and near and west of Loch Linnhe.
Cloud on the hills?	**Extensive** Broadly, cloud base typically 600 to 900m with the top 1100m or above. But here and there toward and west of Loch Linnhe to Jura, to extensively central highlands and Loch Lomond NP, areas of fog will 'hang' on lower slopes most or all day, whilst others are largely cloud free.
Chance of cloud free Munros?	**10%**
Sunshine? Air clarity (below cloud)	Overall extensive, or particularly Loch Lomond NP, persistent cloud. Probably sunny at times close to and west of Loch Linnhe. Very varied visibility, generally the air very clear, but areas of mist and fog.
How Cold? (at 900m)	3C
Freezing Level	Above the summits - frost some valleys overnight and perhaps ground frozen higher tops.

West Highlands - Looking Ahead

	Saturday 7 November	Sunday 8 November
How windy? (On the Munros)	Easterly, 10mph, but 15 or perhaps 20mph near central belt.	Variable 10mph or less.
Effect of wind on you?	**Mostly negligible**	**Negligible**
How wet? (Precipitation and its impact)	**Risk drizzle, most likely near central belt** Risk isolated fine drizzle, although the drizzle may come and go for periods eastern an southern Loch Lomond NP.	**Patches of drizzle, total rainfall small** Little change with further patches of light or very light drizzle; the rain least likely near and west of Loch Linnhe and Mull.
Cloud on the hills?	**Probably very persistent, but Lochaber may be largely fog free** Broadly, main cloud base typically 600m, perhaps 800m near and west of Loch Linnhe and Glen Spean. However, extensive or persistent fog will 'hang' on many lower slopes (above 200 or 300m) most or all day.	**Extensive; cloud base sometimes very different on nearby slopes** Detail uncertain: Cloud extensive or persistent above 700-900m (but possibly highest tops above the cloud). Lower down, fog clinging to some slopes from valleys up all day, whilst others are fog free or between layers of cloud.
Chance of cloud free Munros?	**30% - fog most lower slopes.**	**10%**
Sunshine? Air clarity (below cloud)	Cloudy or dull and misty or foggy most areas. But mostly excellent visibility and in places bright sunshine Lochaber.	Cloudy or dull with areas of fog - albeit mainly toward the coast, below fog the air still very clear.
How Cold? (at 900m)	3C	3C
Freezing Level	Above the summits - but some particularly higher terrain frozen after a frost.	Above the summits but possibly terrain on highest summits partly frozen.

Planning Outlook

All mountain areas of Britain from Saturday, 7 November, 2026

High pressure will continue to be the main influence into next week, particularly W & NW Highlands where extensively dry and wind often light. However, disappointing for other areas as 'gloomy' conditions predominate" patches of light rain and extensive low cloud and fog.
Into next week, an area of low pressure will bring rain and wind in from the southwest but northern Scotland may escape most or all the rain.

Forecast issued at 12:04 on Thursday, 5 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.