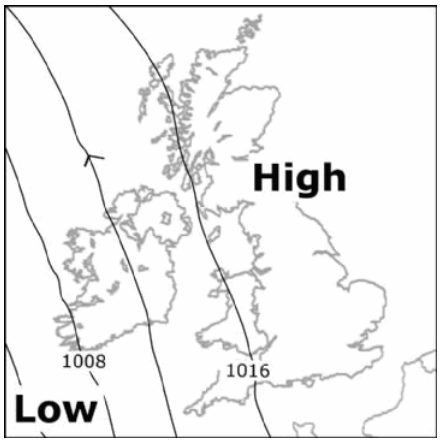
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.

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General Summary for Saturday, 21 November, 2026



British Mountain Summary:
Based on forecast chart for noon 21 November, 2026

Fine, cold and light wind most areas. Bright sunshine widely but the ground frozen or partly frozen. Less cold with cloud coming and going Wales, and also cloudy for periods southern Scotland and Cumbria with chance of a little light precipitation.

Headline for West Highlands

Terrain nearly all frozen. Periods of sun, slowly strengthening wind.

Detailed Forecast for Saturday, 21 November, 2026

How windy? (On the Munros)	Variable direction almost calm post dawn. Will become easterly 10, locally 15mph by midday and 15 to locally 25mph by sunset. Sudden gusts, some on lower slopes, particularly near the coast.
Effect of wind on you?	**Mostly negligible**
How wet? (Precipitation and its impact)	**Precipitation unlikely** In afternoon near Clyde sea lochs and by dusk into Loch Lomond N, chance of a little light snow for perhaps an hour. Total precipitation small.
Cloud on the hills?	**Little if any** Chance pockets of fog on.a few higher slopes, most likely in corries. Threat from south Arran and Loch Lomond NP of extensive cloud above 900m, but at times patches as low as 500m, these most likely areas south of Crianlarich.
Chance of cloud free Munros?	**90%**
Sunshine? Air clarity (below cloud)	Bright sunshine but soon cloudy Arran. Gradually turning cloudy Low Lomond NP, Mull and Jura. Superb visibility - though pockets fog in a few glens morning.
How Cold? (at 900m)	-2C, nearer 0C coastal tops.
Freezing Level	Much inland terrain frozen in morning, partial thawing sunlit slopes up to 700-800m, highest around coast & islands.

West Highlands - Looking Ahead

	Sunday 22 November	Monday 23 November
How windy? (On the Munros)	Easterly 25 to 40mph, locally very gusty, sometimes on lower slopes. Strongest wind generally nearest coasts.	Southeasterly 20 to 30mph, strongest western mountains.
Effect of wind on you?	**Considerable wind chill and sometimes abruptly gusty winds will make walking and particularly balance difficult; sometimes on lower slopes.**	**Fairly small, particularly eastern summits, but higher up marked wind chill and significant buffeting elsewhere.**
How wet? (Precipitation and its impact)	**Precipitation not expected**	**Precipitation unlikely** Possibly the odd very light shower or higher up snow flurry - most likely only Loch Lomond NP and island summits.
Cloud on the hills?	**Most or perhaps all mountains cloud free** Risk cloud forming on some higher slopes, most likely across Loch Lomond NP above 900m.	**May shroud higher areas toward Loch Lomond NP** Banks of cloud, base 700 to 900m, may be extensive Loch Lomond NP, but will probably break up northwards toward Lochaber.
Chance of cloud free Munros?	**70%, but 90% Lochaber**	**60%**
Sunshine? Air clarity (below cloud)	Bright sunshine, though cloud coming and going Loch Lomond NP. Visibility excellent or toward the coast superb.	Bright sunshine, most widely Lochaber and very good or toward Lochaber excellent visibility.
How Cold? (at 900m)	-1C. Will feel as cold as minus 12C directly in the wind.	-1C. Will feel as cold as minus 8C in the wind.
Freezing Level	850m. Terrain largely frozen lower slopes, particularly those out of the sun.	800m. Lower areas partly frozen after a frost sheltered valleys.

Planning Outlook

All mountain areas of Britain from Sunday, 22 November, 2026

Extensively dry and cold conditions will tend to be eroded away from the west only slowly early next week as high pressure to the east gives way only slowly. Rain, or on higher areas, particularly Scotland, snow, will occasionally make inroads into Wales on Sunday and Monday before the precipitation, together with strong winds progresses across the country. Further bands of precipitation will follow, together with areas of upland gale and low cloud. All in all temperature levels remaining below normal.

Forecast issued at 12:29 on Friday, 20 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.