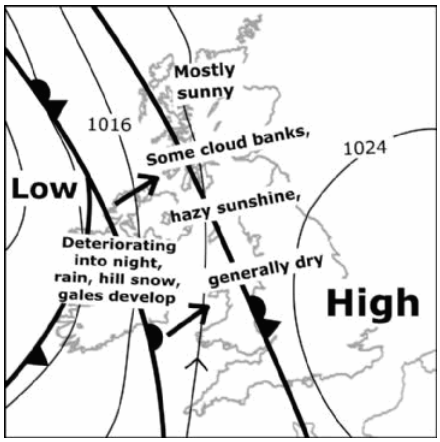
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.

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General Summary for Monday, 23 November, 2026



British Mountain Summary:
Based on forecast chart for noon 23 November, 2026

A largely fine day but a chilly southeasterly breeze - windier near west coasts. Sunniest northern Scotland. Remnants of a front toward west - some patchy cloud on southern hill groups in Scotland; some lower fog / cloud banks south Wales. Deteriorating from southwest into night.

Headline for West Highlands

Blustery coasts/islands; patchy cloud but largely dry.

Detailed Forecast for Monday, 23 November, 2026

How windy? (On the Munros)	Southeasterly 20 to 30mph, strongest western mountains. Will strengthen into evening and night to reach 40-50mph, strongest soonest near the west coast.
Effect of wind on you?	**Fairly small, particularly inland summits, but higher up marked wind chill and some buffeting in exposure toward coast/islands.** **Deteriorating onward into the night.**
How wet? (Precipitation and its impact)	**Precipitation rare if any** Chance of an odd very light shower or higher up a snow flurry - likely confined to Loch Lomond NP and island summits. Most places dry all day.
Cloud on the hills?	**Varying patches mostly southern tops** Banks of cloud likely to come and go, base 700 to 900m, most common Loch Lomond NP and near to the coast and on islands, but cloud well broken northwards toward and across Lochaber.
Chance of cloud free Munros?	**60% south & west coast, to 80% north.**
Sunshine? Air clarity (below cloud)	Bright sunshine, most widely Lochaber. Very good visibility, excellent further northwards.
How Cold? (at 900m)	-1C. Will feel as cold as minus 8C in the wind.
Freezing Level	800m. Lower areas partly frozen after a frost sheltered glens, particularly inland.

West Highlands - Looking Ahead

	Tuesday 24 November	Wednesday 25 November
How windy? (On the Munros)	South to southeasterly, strengthening quickly with height a very gusty 40-60mph. Ferocious gusts; some reaching valleys.	Southeasterly 15 to 25mph, some gustier spots mainly around major summits inland.
Effect of wind on you?	**Severe wind chill and very difficult walking where exposed. Gusts may well knock you over - even on some lower slopes.**	**Fairly small, but be aware of variable gusts not just on higher slopes, with marked chill factor if exposed to stronger wind.**
How wet? (Precipitation and its impact)	**Rain and snow much of day** An area of rain, or away from coastal mountains, snow above 400 to 800m, will extend eastwards. Total precipitation smallest near and north of Glen Spean and Lochs Ossian and Treig, rarely ceasing elsewhere.	**Patchy snow flurries, more likely south** Remnants of overnight light snow may continue to affect mainly southern areas into the morning, likely to fizzle out to leave just odd flurries of sleet or snow.
Cloud on the hills?	**Extensive, lowest south** Cloud base to 300-500m Loch Lomond NP and widely to 600-800m much of day. However, most cloud above 1000m near and north of Glen Spean	**Covering many hills** Fairly extensive cloud across the hills with banks from lower elevations upward in southern areas in particular, perhaps all day. Best breaks northwest of Ben Nevis.
Chance of cloud free Munros?	**20%**	**20%**
Sunshine? Air clarity (below cloud)	Widely increasingly dull and misty with very poor in precipitation. However, there may be a little sun northern Lochaber where visibility very good.	Little if any weak sun due to layers of high cloud. Visibility very good where dry, poorer in snow mainly southern hills.
How Cold? (at 900m)	Varied: 2 to -2C, generally highest near the coast. Will feel as cold as minus 15C in the wind.	0 to 2C, typically warmest toward coast; small variation with height inland. Feeling like -7C if in stronger wind.
Freezing Level	Very varied: between 600m and mainly near the coast, above the summits.	Inland much terrain partly frozen, including frost in glens in morning. Nearer coasts, may be above 1000m.

Planning Outlook

All mountain areas of Britain from Tuesday, 24 November, 2026

Staying near or below freezing across most mountains with below-average temperatures for late November, much higher terrain persistently frozen and regular frosts into valleys and glens. Some rain, sleet and hill snow on Tuesday as a front drifts in from the west, but then fizzles out into Wednesday. East or southeasterly winds prevail into midweek and beyond, with snow flurries focused on more southeastern hill groups in the Highlands, at times the Borders and Pennine areas. In the extended outlook toward next weekend and beyond, there is uncertainty about the extent of incoming Atlantic fronts and scope for further snowfalls, or any pushes of milder air trying to arrive. A more 'blocked' chillier easterly driven weather regime may well prevail into early December.

Forecast issued at 15:01 on Sunday, 22 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.