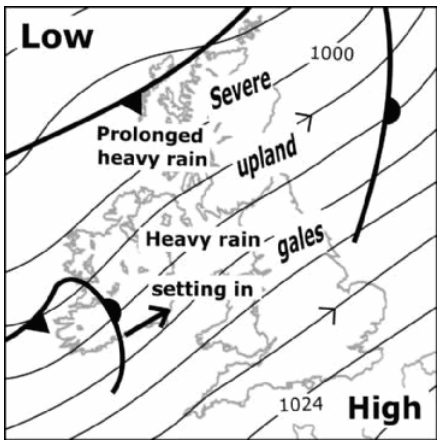
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).

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General Summary for Monday, 30 November, 2026



British Mountain Summary:
Based on forecast chart for noon 30 November, 2026

Storm-force winds on high mountains, plus powerful gusts to lower heights. Sustained heavy rain for western areas, all day in Scotland, setting in increasingly for England & Wales; less rain easternmost hills. Rapid thaw of previous snow. Flooding expected.

Headline for Southern Uplands

Severe gales on tops; heavy rain all day west-central hills.

Detailed Forecast for Monday, 30 November, 2026

How windy? (On the summits)	Southwesterly 55 to 70mph; marked rise of wind speed with increasing height, but some powerful gusts reaching low slopes. A slight moderating into the evening, but likely rising again onward into night.
Effect of wind on you?	**Severe conditions all day on high terrain, any mobility very difficult on high tops, gusts could blow you over on eastern downslopes; challenging walking in places on lower hills with significant wind chill.**
How wet? (Precipitation and its impact)	**Prolonged rain, heavier west** Raining most of the day for Dumfries & Galloway up to Moffat hills, some incessant heavy falls; very wet underfoot, streams in spate, flooding develops. Further north and east, often raining, but patchier amounts Lothians & Cheviots. Rain easing somewhat into evening.
Cloud on the hills?	**Extensive** Shrouding the hills widely above 600m, or lower at times near to Solway. Higher breaks occasionally furthest northeast.
Chance of cloud free summits?	**10%**
Sunshine? Air clarity (below cloud)	Overcast and murky especially west; locally brighter at times toward the Lothians. Hazy at best, visibility mostly poor due to rain.
How Cold? (at 750m)	Rising from before dawn up to 7C, tending to lift slightly further by late in the day. Feeling like -7C in the wind.
Freezing Level	Well above freezing to highest summits; any previously frozen terrain will all thaw.

Southern Uplands - Looking Ahead

	Tuesday 1 December	Wednesday 2 December
How windy? (On the summits)	Southwesterly 50 to 60mph, risk 70mph at least in gusts; marked increase of speed with height. Tending to ease afternoon.	West to northwesterly 20 to 30mph.
Effect of wind on you?	**Severe conditions morning and midday over high terrain, challenging walking and sudden gusts on some lower slopes.**	**Breezy over the hills, starting to affect ease of walking in exposure; considerable wind chill.**
How wet? (Precipitation and its impact)	**Rain likely all day, heavy west** Frequent or persistent rain continuing from overnight into the day, risk of sustained heavy falls setting in over Dumfries & Galloway, fading only into evening. Very wet underfoot, flooding likely.	**Generally dry** A rare light shower mainly toward coast in far west.
Cloud on the hills?	**Extensive most or all day** Likely blanket cloud across the hills, to lower elevations near the Solway up to Moffat hills. Higher bases northeastward, a chance of improving more widely later.	**Mostly little, patches west** Patchy cloud occasionally grazing higher tops in Galloway, otherwise most cloud often above hills, clearer overall eastwards.
Chance of cloud free summits?	**10%**	**80%**
Sunshine? Air clarity (below cloud)	Overcast and dull, poor visibility widely in rain. Chance of improving later in day.	Frequent sunshine, some high cloud toward south and east in morning. Visibility excellent.
How Cold? (at 750m)	8C, to locally 10C Borders, possibly most of day, then lowering quickly into evening. Wind chill feeling near -5C.	2 or 3C. Feeling like -7C in the wind.
Freezing Level	Above the summits all daylight. After sunset, likely to then drop close to freezing on highest summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Tuesday, 1 December, 2026

High rainfall totals and a rapid thaw at the start of this week leads to flooding; expect some routes to be impassable. Dropping back sub-zero on Scottish tops by Tuesday into Wednesday, with a showery mix of rain, snow and hail. High pressure then builds later in the week bringing commonly dry conditions over a run of days into the weekend and beyond for some places; temperatures varying, some overnight frost, also fog. A mixed southwesterly may return to Scotland for a time with some rain mainly in the west. Onward into mid-December shows signs of colder weather patterns returning.

Forecast issued at 15:00 on Sunday, 29 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.