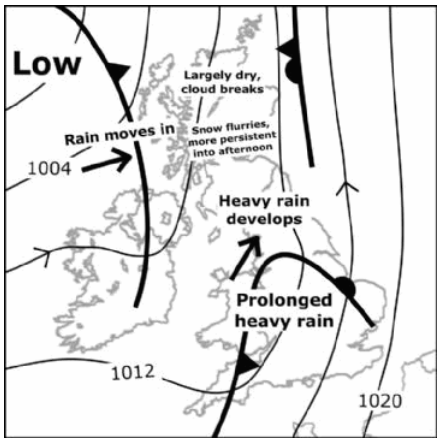
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.

If you love Scotland's mountains, join Mountaineering Scotland
www.mountaineering.scot #ThinkWINTER

General Summary for Saturday, 28 November, 2026



British Mountain Summary:
Based on forecast chart for noon 28 November, 2026

Strong to gale force winds, significant chill factor. Snow flurries southern Highlands, persistent afternoon; drier northwards, some cloud breaks, otherwise blanket fog - rime ice on Scottish mountains, plus snow cover fairly widely, most substantial south. Heavy rain sets in widely over England and Wales.

Headline for West Highlands

Gales ease in afternoon; snow flurries south, wetter later west.

Detailed Forecast for Saturday, 28 November, 2026

How windy? (On the Munros)	Southerly, 40 to 50mph, strongest speeds most sustained coastal mountains, but also higher Ben Nevis area, very gusty in places not just on tops; then lessening markedly later afternoon to southwesterly 25mph.
Effect of wind on you?	**Prepare for significant wind chill, in places challenging walking conditions on exposed terrain, more difficult in Lochaber; buffeting gusts even lower down; improving later.**
How wet? (Precipitation and its impact)	**Mostly small amounts of snow; then wetter later from the west.** Snow flurries over inland mountains, most frequent toward central highlands, patchier northwards; light rain toward coasts and on islands, then persistent rain moving in from west afternoon into evening, snow inland above 600m.
Cloud on the hills?	**Persistent southern areas, breaks north** Extensive cloud banks cloaking southern mountains, varied patches elsewhere, but better breaks north Lochaber inland; some high tops may poke out of cloud in morning. Later in day, cloud filling in more widely.
Chance of cloud free Munros?	**10% south, 30% north**
Sunshine? Air clarity (below cloud)	Mostly cloudy, weak sun through high cloud at best most places. Hazy, poor visibility if in snow and cloud; locally better northwards.
How Cold? (at 900m)	0 or 1C inland and small variation with height above around 700m; 3C near coast. Feeling like -10 to -15C in the wind.
Freezing Level	Coastal areas likely above freezing to higher slopes. Inland varied and poorly defined, but most high terrain frozen, plus frost into some glens in the morning.

West Highlands - Looking Ahead

	Sunday 29 November	Monday 30 November
How windy? (On the Munros) **Effect of wind on you?**	Southwesterly, speeds varying during day, often in range 40 to 55mph, but risk 70mph at least in gusts early and late in **Expect challenging conditions all day, potentially any mobility difficult at times; significant wind chill.**	Southwesterly 60 to 80mph; marked rise of wind speed with increasing height, but some powerful gusts reaching low slopes. **Severe conditions all day on high terrain; challenging walking in places on lower hills with significant wind chill.**
How wet? (Precipitation and its impact)	**Frequent or persistent rain, snow tops** Often raining on western hills, snow mostly above 800m, may persist for a few hours from dawn widely, then more showery, but falling frequently near coast; risk of hail.	**Prolonged heavy rain** Raining all day widely across the region, incessant heavy falls, may rarely cease. Very wet underfoot, streams in spate and flooding develops.
Cloud on the hills? **Chance of cloud free Munros?**	**Extensive higher areas** Varying cloud bases, but often covering many mountains above 800m, some patches to 600m or lower near coast. Fleeting breaks higher up inland Lochaber. **20%**	**Extensive** Shrouding the mountains widely above 600 to 800m, sometimes lower coasts and near sea lochs. Highest breaks toward Creag Meagaidh and east of Rannoch Moor. **10%**
Sunshine? Air clarity (below cloud)	Little or no sun. Visibility very poor in rain, appalling in snow, but occasional improvements.	Overcast and murky. Hazy at best, but generally poor visibility.
How Cold? (at 900m) **Freezing Level**	0 to 2C. Feeling like -12 to -15C in the wind. 900-1000m, slightly higher near coast and on islands. Rising above all tops into night and Monday.	Rising from before dawn up to 6C, may lift slightly further by late in the day. Feeling like -10C in the wind. Well above freezing to highest summits; rapid thawing of previously frozen terrain and snow cover on mountains.

Planning Outlook

All mountain areas of Britain from Sunday, 29 November, 2026

Southwesterly upland gales on Sunday, severe for a time on high tops; a showery mix of rain and snow passing eastwards. Then severe gales widely on the mountains by Monday, storm-force higher terrain, accompanied by incessant heavy rain focused on western Scotland and a rapid thaw - the rain sets in for England & Wales too, persistent here into Tuesday - expect flooding and some routes to be impassable. Dropping back sub-zero on Scottish tops by Tuesday & Wednesday, with a showery mix of rain, snow and hail. High pressure then builds later in the week - drier conditions for a time, but a mixed west-southwesterly may persist or soon return for Scotland; temperatures varying.

Forecast issued at 14:30 on Friday, 27 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.